



SPRING INTO ACTION

August 2026

Welcome back to Tessa Bennett's series on the unsung women of the Bible which this month focuses on Jael in Judges 4 and 5.

While sitting at the Kingdom Women's Conference last Saturday, the theme Called and Chosen resonated with me. As I listened, I found myself reflecting on the many people God has called throughout Scripture who never held a title, stood on a platform, or sought recognition. Yet they were chosen by God to accomplish extraordinary Kingdom purposes.

This month's unsung female hero is Jael.

At first glance, Jael appears to be an ordinary woman. She wasn't a prophet like Deborah, nor was she a military leader. Yet when the moment came, she responded with courage, wisdom, and conviction. Through one act of obedience, God used her to fulfil His promise and change the course of Israel's history.

Jael's story reminds us that God's calling is not determined by position, influence, or popularity. He sees beyond what others see and often chooses those the world might overlook.

His question is not, "Do you have the right title?"

Rather "Are you willing to trust Me?"

How often do we delay responding to God's call because we feel unqualified or unnoticed? Jael encourages me and you to remember that God doesn't call the qualified, He qualifies those He calls. Our greatest qualification is a heart that is available to Him.

Perhaps you won't always receive public recognition for your faithfulness, but never underestimate what God can do through a life surrendered to Him. You may feel like an unsung hero, but in God's Kingdom, your obedience matters.

YOU ARE CALLED. YOU ARE CHOSEN. And GOD is still writing His story through ordinary people like you who simply say, "Yes."

Be encouraged by reading about Jael in Judges chapters 4 and 5.

Deacon Tessa Bennett

PCF Tottenham

- **Adult Sunday School Class.** 09:30 - 10:25 every week on the first floor
- **Collective Worship** at 10:30
- You can also join us online live at 10:30, via the [PCF website](#), and [YouTube](#)



PCF Edmonton

- PCF Edmonton meet 11:30am every Sunday at Houndsfield Primary School in Edmonton.
- For more information visit edmonton.tpcf.org.uk or you can email edmonton@tpcf.org.uk.



Contact

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Email: connect@tpcf.org.uk
PCF Charity Number - 1031255



CHURCH TRIP TO GREAT YARMOUTH!

This year's coach trip will take place on Saturday 8th August.

Contact events@tpcf.org.uk to express your interest.

The tickets are priced between £23-£28



PCF Edmonton invite you to the 2026

Fun Day

Saturday 15th August
11.30am to 5.00pm

Houndsfield Primary School,
Ripon Rd, N9 7RE



PCF Cleaning Team need volunteers through the summer

Can you be part of the Clean Team Ministry over the summer months as a temporary member?

This is a valuable ministry team, more so during this summer season, but we are in need of extra volunteers. If you are interested, please contact Lorraine Fergus for further information. You can leave your contact details with the main office (020 8801 1873) or email cleaning.team@tpcf.org.uk.

We look forward to hearing from you.



Prayer and Fasting

Sunday 6th September

Next quarterly date - mark your calendar!



IT'S TIME TO PRAY!

*If my people, who are called by My name, will humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and I will heal their land!
1 Chronicles 7:4*

PCF Kingdom Women invite you to pray with us
Every Monday and Friday
at 6:30am

CONTACT THE KINGDOM WOMEN LEADERS FOR THE LINK TO ZOOM

Kingdom.Women@tpcf.org.uk



Universally Unchallenged Bible Quiz 2026 Part 3

Coming this September

It's not too late to get involved. Are you ready to test your knowledge and grow deeper in the Word?

Join us for an inspiring and thought-provoking afternoon as we explore the theme: **"Holiness Unto the Lord."**

Come ready to learn, be challenged, and fellowship together. Bring your friends and family to support, your knowledge, and your passion!



THE PRINCIPLES OF CHRISTIANITY FOUNDATION
Charity number: 1031255

Universally Unchallenged Bible Quiz 2026

Sunday 19th July
3pm-5pm

Part 2
Leviticus 10-18 ESV

R.C. Sproul
(The Holiness of God)
Chapters 4-7

Theme:
Holiness unto the Lord



Springfield Hall, 89 Broad Lane, Tottenham N15 4DQ



House Groups

Meeting the last Tuesday of each month



PCF House Groups are small and welcoming communities where people connect, grow in faith, and support one another. You will find a space for meaningful conversations, prayer and learning, helping members build strong relationships beyond Sunday services.

To join a group you can email connect@tpcf.org.uk



For all those celebrating this month, Happy and blessed Birthday and Anniversary

Derrick & Colleen Brown celebrate their Wedding Anniversary..... Sat 1 st	Emmanuel Waldron Sat 22 nd
Victor & Audrey Callender celebrate their Wedding Anniversary Sun 2 nd	Michael & Cassandra Bertrand celebrate their Wedding Anniversary..... Sat 22 nd
Tyrone & Shauna Johnson-Powell celebrate their Wedding Anniversary Mon 3 rd	Lindy Treasure Sun 23 rd
Marcus Johnson..... Sun 2 nd	Donna Hughes..... Tue 25 th
Amelia Falana..... Mon 3 rd	Fay Brown..... Wed 26 th
Audrey Martin Wed 5 th	Franklin Lee..... Thu 27 th
Joshua Marshall Thu 6 th	Henry Thu 27 th
Keith Treasure..... Sat 8 th	Keith & Grace Simpson celebrate their Wedding Anniversary..... Fri 28 th
Abigail Sun 9 th	Joyce Allen Sat 29 th
Rashan Williams	Colin Dash Sun 30 th
Daniel Shodiya Thu 13 th	Colin & Kemi Dash celebrate their Wedding Anniversary Sun 30 th
Sheryl Dennis Fri 14 th	Hannah Dash Sun 30 th
Sam Lynch..... Sun 16 th	Sister Edwards (in Antigua) Mon 31 st
Petra Johnson Tue 18 th	Kelvin & Mary Hall celebrate their Wedding Anniversary Mon 31 st
Vincent & Jolly Williams celebrate their Wedding Anniversary Wed 19 th	

Affirmation to those celebrating this month:

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
Philippians 4:6-7 (New Living Translation)



Old Testament Bible Quiz

1.) How many books are there in the Old Testament?

- ☐ 27
- ☐ 39
- ☐ 66
- ☐ 12

2.) What is the name commonly given to the first five books of the Old Testament?

- ☐ Septuagint
- ☐ Pseudepigrapha
- ☐ Apocrypha
- ☐ Pentateuch

3.) Who wrote the first five books of the Old Testament?

- ☐ Moses
- ☐ Noah
- ☐ Abraham
- ☐ Adam

4.) In what language was the Old Testament written?

- ☐ Latin
- ☐ Hebrew
- ☐ Assyrian
- ☐ Greek

5.) What time period does the Old Testament cover?

- ☐ the beginning of man to the time of the Messiah's death
- ☐ the building of the temple of Solomon to the time of its destruction
- ☐ the time of the Messiah to the time of His death
- ☐ the beginning of man to the time of the Messiah

6.) Which of these books is NOT found in the Old Testament?

- ☐ Hosea
- ☐ Amos
- ☐ Joel
- ☐ Jude

7.) Which of these books is NOT found in the Old Testament?

- ☐ Revelation
- ☐ Leviticus
- ☐ Numbers
- ☐ Deuteronomy

8.) Which of these books is NOT found in the Old Testament?

- ☐ Psalms
- ☐ 2 Chronicles
- ☐ 3 Kings
- ☐ 2 Samuel

9.) Which of these women is mentioned in the Old Testament?

- ☐ Martha
- ☐ Anna
- ☐ Elisabeth
- ☐ Rachel

10.) Which of these books come first in order in the Old Testament?

- ☐ Lamentations
- ☐ Ruth
- ☐ Exodus
- ☐ Ecclesiastes

