



SUNDAY SERVICES

PCF Tottenham

- **Adult Sunday School Class.** 09:30 - 10:25 every week on the first floor
- **Collective Worship** at 10:30
- You can also join us online live at 10:30, via the [PCF website](#), and [YouTube](#)



PCF Edmonton

- PCF Edmonton meet 11:30am every Sunday at Houndsfield Primary School in Edmonton.
- For more information visit edmonton.tpcf.org.uk or you can email edmonton@tcpf.org.uk.



May 2026

SIA is privileged to have a series written by Deacon Tessa.
This month is the first in the series:

AN INTRODUCTION “UNSEEN BUT SIGNIFICANT: THE UNTOLD INFLUENCE OF WOMAN IN THE BIBLE”

In my work as a therapist, I often sit with individuals who carry a deep sense of not being “good enough.” This belief rarely appears in isolation, it is often rooted in unmet childhood needs, where emotional attunement, affirmation, or safety may have been inconsistent or absent. Over time, these early experiences shape adult patterns of thinking, relating, and self-worth. Many of these individuals move through life feeling unseen, adapting, performing, or shrinking to belong.

The People’s Christian Fellowship

Springfield Hall, 89 Broad Lane,
London N15 4DW
Tel: 020 8801 1873
Email: connect@tcpf.org.uk

PCF Charity Number - 1031255



Log in at Springfield Hall
to **PCF Guest**

Password: **Springfield89**

Over the coming months, I will be exploring a theme that speaks powerfully into this experience: the unsung influencers of the Bible, with a particular focus on women.

Historically and culturally, women were often positioned as lesser than, their voices minimised and their contributions overlooked. Yet throughout Scripture, we see a different narrative. One where God intentionally chooses, elevates, and works through women in ways that are both profound and transformative.

While many are familiar with well-known figures, there are also women whose names and stories are less recognised, such as Huldah, the Wise Woman of Able, and Tabitha. Yet their impact is deeply significant. These are the quiet influencers, the ones whose actions shifted direction, shaped

outcomes, and left a lasting imprint, even if they were not widely celebrated.

In many ways, their stories mirror the journeys of those who feel unseen today. They remind us that visibility is not always loud, and influence is not always recognised in the moment. If their lives were translated into modern terms, they would be the “movers and shakers”, not because of status, but because of the depth and direction of their impact.

Come on a journey with me exploring biblical narratives, at influence, and perhaps at ourselves, with a deeper understanding of what it truly means to be seen and to matter.

Deacon Tessa Bennett

PCF CHURCH PRESENTS

GAMES NIGHT

A HOSTED NIGHT OF MUSIC, KARAOKE, GAMES, REFRESHMENTS, FUN AND FELLOWSHIP FOR THE WHOLE CHURCH

Team Games include:
 Bible Scramble
 Bible Charades
 Let the church say AMEN...
 Play your Cards Right
 and much more.....

FRIDAY 8th MAY 7.00PM - 9.30PM

Springfield Hall
 89 Broad Lane
 N15 4DW

IT'S TIME TO PRAY!

*If my people, who are called by My name, will humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and I will heal their land!
 1 Chronicles 7:4*

PCF Kingdom Women invite you to pray with us
 Every Monday and Friday at 6:30am

CONTACT THE KINGDOM WOMEN LEADERS FOR THE LINK TO ZOOM

Kingdom.Women@tpcf.org.uk

We want to celebrate with you and your family. Whether you are a member or regularly attend PCF, let's celebrate together.

E-mail your dates to SIA@tpcf.org.uk and we will include them in SIA.

PCF looks forward to joining with Local Churches Unite (churches in Tottenham) for the annual Pentecost Festival at the Bernie Grant Centre. All are welcome for a joyful day of worship, music, food, children's activities, games, community stalls and fellowship.

Sunday 24th May 2026
 Praise and Worship Service 11:00-12:30
 Festival continues 1.00pm - 3.00pm
 At the Bernie Grant Arts Centre, Tottenham Green East, London N15 4RX

Advance booking is recommended this year via Eventbrite:
Pentecostfestival2026.eventbrite.com

Universally Unchallenged Bible Quiz 2026 Part 2

Sunday 19th July 3pm-5pm

It's not too late to get involved. Are you ready to test your knowledge and grow deeper in the Word?

Join us for an inspiring and thought-provoking afternoon as we explore the theme: **"Holiness Unto the Lord."**

Come ready to learn, be challenged, and fellowship together. Bring your friends and family to support, your knowledge, and your passion!

Universally Unchallenged Bible Quiz 2026

Sunday 19th July 3pm-5pm

Theme: Holiness unto the Lord

Part 2
 *Leviticus 10-18 *E.S.V

R.C. Sproul (The Holiness of God) Chapters 4-7

Springfield Hall, 89 Broad Lane, Tottenham N15 4DW



Budding leaders...
Scotland is waiting for you.
Andrew Brandon will be
hosting a day where you will
be trained, ready for service
and discover your giftings.

6th and 12th July
Price £100
Sign up today by contacting
Simone at
simone.brown-taylor@tpcf.org.uk

PCF Leadership warmly invite you to a

Welcome Dinner



Date : Saturday 13th June 2026
Time : 5:30pm
Venue : PCF, Springfield Hall,
89 Broad Lane, London, N15 4DW

This invitation is open to you as a regular attendee or new visitor to PCF. It is our pleasure to welcome you on 13th June to an evening with great food, great company, and where you will hear about some of the ministries at PCF.

Please reply to Donna.Grant@tpcf.org.uk or call 07939 661626 to reserve your place.

We look forward to hearing from you.

PCF House Groups

PCF House Groups are small, welcoming communities where people connect, grow in faith and support one another in everyday life. They provide a space for meaningful conversations, prayer and learning, helping members build strong relationships beyond Sunday services.

Groups meet on the last Tuesday of every month

If you would like to join, email connect@tpcf.org.uk

CHURCH TRIP TO GREAT YARMOUTH!

This year's coach trip will take place on
Saturday 8th August.

Contact events@tpcf.org.uk to express your interest.

The tickets are priced between £23-£28

Celebrate

**For all those celebrating this month,
Happy Birthday and Anniversary from PCF!**

Derrick BrownSat 2nd
Kevin Murchison.....Sun 3rd
Naomi FalanaSun 3rd
Simone McIntyreMon 4th
Patricia WoodMon 4th
Vera EdiriTue 5th
Tiannah FineganWed 6th
R'aya Bennett.....Thu 7th
Melika Brown-MinottFri 8th
Erin DashFri 8th
Seymour McCalla.....Sat 9th
Simon.....Mon 11th
Karen Henry.....Thu 14th

Daniel & Makeda Alleyne celebrate
their Wedding Anniversary Sat 16th
Sister Wood..... Thu 21st
Sister Veda..... Sun 24th
Tunji & Naomi Falana celebrate
their Wedding Anniversary Tue 26th
Gloria Meade..... Wed 27th
John Stephenson Wed 27th
Anaiah-Rae Daniel Fri 29th
Gabriel Palmer Mon 1st June
Khadre Blackstock Tue 2nd June
Esme Wed 3rd June
Doreen Barnaby..... Fri 5th June

Affirmation to those celebrating this month:

“I praise you because I am fearfully and wonderfully made; your works are wonderful,
I know that full well.” Psalms 139:14 NIV

QUIZ!

How well do you know King David?

- 1.) Where was David anointed as king of Israel?
 - Bethel
 - Bethlehem
 - Jerusalem
 - Ramah
- 2.) How old was David when he first began to reign over Judah?
 - 25
 - 30
 - 35
 - 40
- 3.) Who was David's first wife?
 - Merab
 - Delilah
 - Bathsheba
 - Michal
- 4.) Which of David's sons tried to overthrow and kill him?
 - Solomon
 - Adrenam
 - Absalom
 - Abimelech
- 5.) Who refused to assist David and his men, and died as a result?
 - Eleazar
 - Nabal
 - Saul
 - Abimelech
- 6.) Which former King of Israel tried to kill David out of envy?
 - Joash
 - Solomon
 - Ahab
 - Saul
- 7.) Who was the Prophet that confronted David with his adultery?
 - Samuel
 - Nathan
 - Elisha
 - Elijah
- 8.) What was the cost of David's sin with Bathsheba?
 - A lamb sacrifice
 - They could never marry
 - Their first born would die
 - Repent in sackcloth and ashes
- 9.) After Absalom rebelled against King David, who did Absalom appoint as commander over his army in Joab's place?
 - Abiathar
 - Abner
 - Amasa
 - Abishai
- 10.) How did David's son Absalom die?
 - Caught in a tree by his hair
 - His head was cut off by a Philistine
 - Killed by his own captain
 - Three darts thrust into his heart
- 11.) Who was crippled son of Jonathan who was given a permanent place at King David's royal table?
 - Maacah
 - Hephzibah
 - Mephibosheth
 - Abishai
- 12.) How many years did David rule as king of Israel?
 - 10
 - 30
 - 40
 - 60