

5TH - 25TH JANUARY 2026

DEVOTIONAL
BOOKLET

HOLINESS UNTO THE LORD: SET APART AS CHOSEN VESSELS

21 DAYS
PRAYER & FASTING

“BUT AS HE WHO CALLED YOU IS HOLY,
YOU ALSO BE HOLY IN ALL YOUR CONDUCT... “1 PETER 1:15A

Contents

Foreword by Pastor David Daniel	3
Biblical Fasting	5
Why fast?	5
How to fast Biblically	5
Benefits of Fasting.....	5
Practical Tips for Fasting	6
Medical Advice for Fasting.....	6
Types of Fast.....	7
Fasting and Boundaries.....	7
Recommended non-eating times.....	8
Biblical Reasons for Fasting	9
Fasting Guidance	9
The Daniel Fast.....	11
Foods to eat	12
Foods to avoid.....	13
Week 1 : God is Set Apart	15-23
Week 2 : God Sets us Apart	24-32
Week 3 : Lifestyle of the Holy	33-42
Your Space.....	43

As we enter this 21-day journey of prayer and fasting together, we do so with hearts set on one profound truth:

GOD IS HOLY

He is completely set apart from everything else. He is perfect, pure, and beyond comparison. All creation exists to display His glory, and as His people, we are called to reflect that holiness in every area of our lives.

The theme *“Holiness unto the Lord”* reminds us that holiness is not merely a command; it is our calling. Scripture says:

“But as He who called you is holy, you also be holy in all your conduct, since it is written, ‘You shall be holy, for I am holy.’”
(1 Peter 1:15–16)

This fast is more than abstaining from food, it is a season where we intentionally re-align our hearts with God’s will and allow Him to sanctify us daily. Through prayer, obedience, and devotion, we draw closer to the One who is completely holy and become vessels through which His glory shines.



**Holiness unto the Lord:
Set Apart as God’s
Chosen Vessel**

Zechariah 14:20–21;
1 Peter 2:9

#chosenvessels

Over these 21 days, we will reflect on three key truths:

1. **God Is Set Apart** – His nature is pure, His ways perfect, His glory incomparable.
2. **God Sets Us Apart** – Through Christ, we are sanctified and consecrated for His purpose.
3. **The Lifestyle of Holiness** – Holiness must shape how we live, worship, and relate to others.

Let this season be marked by deep encounters with God. May every prayer, every moment of reflection, and every act of surrender draw us nearer to Him. As we fast, let us remember that **we are chosen vessels, set apart for His glory**. May the Lord truly bless us all in Jesus' name. Amen.

#chosenvessels



*Warmest regards,
Pastor David Daniel*

Biblical Fasting

Fasting is not about trying to persuade God to give us what we want, but about humbly seeking Him fully appreciating our need for His intervention in our lives. Through this discipline of spiritual fasting, we become more sensitive to the Holy Spirit's leading, allowing Him to change our hearts and align us fully with God's will.

Why Fast?

- ◆ To gain clarity with regards to God's will
- ◆ For spiritual breakthrough, miracles, or divine intervention
- ◆ To deepen intimacy with God and hear His voice
- ◆ To overcome spiritual or personal struggles
- ◆ To intercede for others or submit your flesh to the Holy Spirit

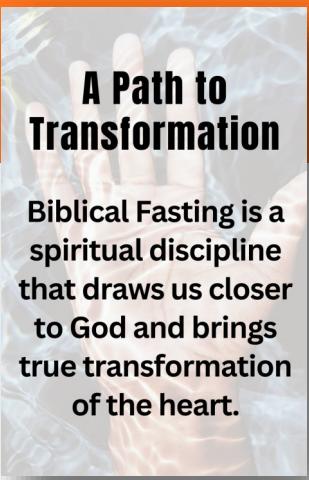
How to Fast Biblically

Fasting is more than going without food; it's an intentional turning of the heart from earthly needs to the deeper nourishment found in God's presence. Use the time you would spend eating to pray, read Scripture, and meditate on God's Word. Avoid things that could distract you, such as worldly entertainment or idle activities, and instead fill your mind and heart with uplifting and edifying content that strengthens your spirit. This intentional practice creates space for God to work deeply in your life.

Question: What would you identify as worldly entertainment?

Benefits of Fasting

Fasting not only draws you nearer to God but also strengthens your faith and confidence in Him. It can refresh and rejuvenate you mentally, spiritually, and even physically. If you desire a deeper connection with God or lasting transformation, fasting is a powerful way to align your heart with His will.



Practical Tips for Fasting

1. **Prepare Spiritually:** Begin with prayer, asking God for strength and clarity.
2. **Establish a Clear Purpose:** Know why you are fasting, what's the reason?
3. **Replace Meals with Spiritual Activities:** Spend time in prayer, worship, and Bible reading during what would be your regular mealtimes.
4. **Avoid Distractions:** Limit entertainment and idle activities;
5. **Listen to the Holy Spirit:** Be sensitive to His leading, write down insights, convictions, and direction you receive.

Medical Advice for Fasting

Not everyone can fast from food entirely, health conditions may require adjustments.

- ◆ **Alternatives**
 - ◊ Abstain from certain foods (e.g., sugar, chocolate).
 - ◊ Give up non-food distractions (e.g., TV, social media).
- ◆ **The key:** Set aside something you may find meaningful, to focus on God.
- ◆ Any form of fasting should create space for prayer, Scripture, and spiritual growth.
- ◆ If considering a food fast and have health concerns or if you are on medication, **PLEASE CONSULT YOUR DOCTOR BEFORE YOU BEGIN.**

- ◆ The essence of fasting is to humble oneself before God, to seek His presence, and allow Him to transform your heart.



Scripture: "So whether you eat or drink or whatever you do, do it all for the glory of God." (1 Corinthians 10:31)

Types of Fast

1. Normal Fast

- ◆ Description: This is the most common type of fast. Involves the abstaining from all food and drinking only water.
- ◆ Biblical Example: Jesus fasting from all foods for 40 days in the wilderness (Matthew 4:2).
- ◆ Purpose: Deep spiritual focus and dependence on God.

2. Absolute Fast

- ◆ Description: No food and no water for a short period only (usually 1–3 days).
- ◆ Biblical Example: Esther called for a fast with no food or water for three days (Esther 4:15–16).
- ◆ Purpose: Used in urgent prayer or serious spiritual situations.

3. Partial Fast (Daniel Fast)

- ◆ Description: Restricts certain foods rather than eliminating all food. Often involves eating only fruits, vegetables, and water for the period of fasting.
- ◆ Biblical Example: Daniel and his companions ate vegetables and drank water (Daniel 1:8, 12; 10:2–3).
- ◆ Purpose: Humility and consecration while still maintaining strength.

4. An Electronic Entertainment Fast

- ◆ Description: Abstaining from non-food distractions (e.g., social media, TV, Video games, and similar distractions and entertainments).
- ◆ Purpose: Refocusing on God by removing mental and emotional clutter.

Fasting and Boundaries

We have mentioned four common types of fasts Christians often practice. There are other forms as well, and individuals may adjust their fast for personal reasons, for example, in a normal fast some people may drink a herbal tea during the day. We don't judge each other; the fast is corporate - in that we unite in this spiritual act - yet it remains deeply personal and ultimately unto the Lord. At PCF, the usual practice is a 'normal fast' or a

'Daniel fast,' where most people break their fast each day at a set time and resume when they wake.

Fasting sets boundaries on our time, our food intake, and even what captures our attention. In a partial fast, we limit also what we permit ourselves to eat. These boundaries intentionally restrain the flesh so that the voice of our spirit can become more prominent and more vocal and connect with the Holy Spirit of God with less noise.

"While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." Acts 13 v.2

Recommended Non-Eating Times (Normal Fast)

As we begin this season of fasting, remember, that it is not just about the hours without food, but about drawing closer to God. Choose the stream that works best for you and commit your heart to Him during these times.

Stream 1:

Fast daily from 6:00 AM to 6:00 PM.

Starting Monday, January 5th, refrain from eating between these hours each day. Continue this pattern for 21 days, ending on Sunday, January 25th, 2026. Each evening, as you break your fast, spend some time in the Lord's presence in worship and reflection.

Stream 2:

Fast from 8:00pm (and overnight) to 3pm the next day

Begin your fast at 8:00 PM on Sunday 4th January and break at 3:00 PM on Monday. Continue this daily rhythm of fasting from 8:00 PM to 3:00 PM—until the final day, Sunday, January 25th, when you break at 3:00 PM, spend some time in the Lord's presence in worship and reflection.

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?" Isaiah 58 v.6

Some Biblical Reasons for Fasting

Scripture gives us powerful examples of why God's people fasted—and why we should too:

- ◆ **In Times of Trouble**

Esther called a three-day fast before approaching the king, and God granted her favour.

(Esther 4:15–16; 5:1–6)

- ◆ **For Guidance and Direction**

Ezra proclaimed a fast to seek God's protection and wisdom for the journey.

(Ezra 8:21–23)

- ◆ **To Receive God's Word**

Jeremiah's fast accompanied the proclamation of God's revelation.

(Jeremiah 36:6)

When we fast, we do so with confidence that God opens our spiritual understanding. Our ears become sensitive to His voice, our eyes fixed on His path, and our hearts feast on His living Word.

Fasting Guidance

A time
to focus

Fasting is a unique opportunity to realign your focus on God by setting aside worldly indulgences and creating space for spiritual growth. It's not just about refraining from food or distractions - it's about making a deliberate choice to draw nearer to God, allowing Him to work in your heart and life.

Fasting creates an intentional pause in our routines, shifting our dependence from physical or earthly comforts to the sustaining power of God. Whether it's through food, habits, or entertainment, the key is to approach fasting with sincerity and a

desire to grow spiritually. There are various approaches to fasting, and it's important to choose one that aligns with your spiritual goals and personal circumstances.

Food for thought

In a normal fast, you abstain from food for specific hours each day, then break your fast during the designated time. In the Daniel Fast, you can eat at any time, but only the foods that are permitted under the guidelines in Daniel 1:11-16 and 10:3. Many believers combine these approaches by fasting for hours daily and restricting their diet to foods approved for the Daniel Fast.

10 or 21 days

Our official goal is a 21-day fast, but if you're new to fasting, 21 days may feel overwhelming. Start with 10 days and see how you feel. If you're able, continue to 21 days, or shift to abstaining from other distractions like TV or social media for the remainder of the period.

Food is one thing

This fasting season is a time to restrict all forms of fleshly entertainment and increase spiritual nourishment. Seek the Lord's guidance on what to abstain from, immerse yourself in Scripture, deepen your prayer life, and connect with fellow believers.

Through this sacrifice, God will be enthroned in your heart. Fasting can break habits, attitudes, beliefs, and weaknesses that hinder your spiritual growth. As the Lord convicts your conscience, stop doing what you know is wrong and pursue what is right and pleasing to Him. Trust that through fasting, transformation and renewal are possible, it's a great time for change.

The Daniel Fast

Frequently asked Questions

Q. How many meals can I eat per day on the Daniel Fast? Can I have snacks?

The number of meals you eat each day on the Daniel fast, is up to you. Skipping meals allows more time to insert specific times of prayer. There's no specific rule regarding meal frequency, you should allow the Holy Spirit to guide you in how your fast should look.

Q. Pastor, what is one thing a first-time 'faster' like me should remember?

Remember, fasting is a spiritual discipline. What you do during this time of consecration is more important than the food or activities you're abstaining from. Fasting is about denying the body and soul of things they may crave or need, in order to focus on nourishing your spirit. While we often seek entertainment and comfort, this period of fasting is an opportunity to deepen your relationship with Christ and grow spiritually. Let your focus remain on strengthening your connection with God.

Q. Are salt and pepper allowed during a Daniel Fast? What about herbs and spices?

During a Daniel fast, the focus is on consuming only simple, natural foods while avoiding processed items, sweeteners, and animal products. Salt and pepper are generally acceptable if used sparingly, with natural options like sea salt preferred. Herbs and spices, such as parsley, basil, turmeric, and cinnamon, are allowed as they are plant-based and enhance the flavour of meals. The specifics may vary based on personal conviction or guidance from spiritual leaders, so it's wise to seek clarity if unsure.



Daniel Fast is a partial fast which restricts commonly enjoyed foods as an act of worship and consecration to the Lord

Daniel Fast - Foods to Eat

Whole Grains | Amaranth, barley, brown rice, buckwheat, bulgur, freekeh, millet, oats, purple rice, quinoa, rye, sorghum, spelt, teff, whole grain pasta, whole wheat, and wild rice.

Beans and Legumes | Black beans, black-eyed peas, cannellini beans, chickpeas (garbanzo beans), great northern beans, kidney beans, lentils, peanuts, pinto beans, and split peas.

Nuts and Seeds | Almonds, Brazil nuts, cashews, hazelnuts, macadamia nuts, nut butter, peanuts, pecans, pumpkin seeds (pepitas), pine nuts, pistachios, poppy seeds, walnuts, sesame seeds, soy nuts, and sunflower seeds.

Vegetables | All vegetables are allowed, including fresh, frozen, dried, juiced, and canned. These foods form the foundation of the Daniel Fast, emphasizing plant-based, whole foods to nourish the body and focus on spiritual growth.

Fruits | All types of fruit are allowed, including fresh, frozen, dried, juiced, and canned. However, when consuming dried fruit, ensure it does not contain added sugar by checking the ingredients.

Oils | Oils such as coconut, olive, and sesame are permitted, but they should be used sparingly. For instance, you can sauté food in olive oil, but deep-frying should be avoided.

Beverages | Water should be your primary beverage during the Daniel Fast. Distilled, filtered, sparkling, spring, and mineral water are all allowed. You may also have 100% fruit juice occasionally, or use it in recipes

Other | Unleavened bread made from whole grains without yeast, sugar, or preservatives is allowed. All herbs, spices, and seasonings, including salt and pepper, are permitted. Soy products such as edamame, soy nuts, and tofu are also acceptable.

Daniel Fast - Foods to Avoid

Animal Products | All meats (bacon, beef, bison, chicken, lamb, pork, turkey) and fish. Dairy products such as butter, cheese, cream, milk, yogurt, and eggs.

Added Sugar | Avoid sweeteners like agave nectar, artificial sweeteners, brown rice syrup, brown sugar, cane juice, corn syrup, honey, malt syrup, molasses, and raw sugar.

Yeast | Yeast and leavened bread are not allowed during the Daniel Fast

Refined Grains | White flour and white rice are prohibited. Only whole grains are permitted, which contain the entire grain kernel—bran, germ, and endosperm

Processed Foods | Avoid foods that contain artificial flavourings, chemicals, food additives, or preservatives.

Deep Fried-Food | Foods like corn chips, French fries, and potato chips should be avoided. Baked chips are acceptable only if they don't contain restricted ingredients - be sure to check the label.

Solid Fats | Butter, lard, margarine, and shortening are not allowed

Chocolates | All forms of chocolate, including milk chocolate, semi-sweet chocolate, dark chocolate, chocolate syrup, and cacao, should be avoided.

Caffeinated and alcoholic beverages | Alcohol, coffee, caffeinated tea, and energy drinks are not permitted during the fast.

Note: Keep a pen and paper handy to capture anything the Lord places on your heart, and journal your reflections in the evening to connect with Him. Engage with Christian media or read spiritually enriching books, asking God for guidance.

Avoid distractions that might hinder your focus on Him.

Holy Forever

Writers: Brian Johnson, Chris Tomlin, Jason Ingram,
Jenn Johnson, Phil Wickham

(Verse 1)

A thousand generations falling down in worship
To sing the song of ages to the Lamb
And all who've gone before us, and all who will believe
Will sing the song of ages to the Lamb

Your name is the highest; Your name is the greatest
Your name stands above them all
All thrones and dominions; All powers and positions
Your name stands above them all

(Chorus)

And the angels cry, Holy
All creations cries, Holy
You are lifted high, Holy
Holy forever

(Verse 2)

If you've been forgiven, if you've been redeemed
Sing the song forever to the Lamb
If you walk in freedom, if you bear His name
Sing the song forever to the Lamb
We'll sing the song forever and amen

Chorus

And the angels cry, Holy
All creations cries, Holy
You are lifted high, Holy
Holy forever
Hear Your people sing, Holy
To the King of kings, Holy
You will always be, Holy
Holy forever

Pre-Chorus (x2)

Your name is the highest; Your name is the greatest
Your name stands above them all
All thrones and dominions; All powers and positions
Your name stands above them all

5-11 JANUARY

WEEK 1: GOD IS SET APART

Looking at the Holiness of God. His nature is pure, His ways are perfect, and His glory is incomparable. Understanding His holiness is fundamental.

21 DAYS
PRAYER & FASTING

“BUT AS HE WHO CALLED YOU IS HOLY,
YOU ALSO BE HOLY IN ALL YOUR CONDUCT... “1PETER 1:15A

Week 1 Notes

“Who is like You, O LORD, among the gods?
Who is like You, majestic in holiness, awesome
in glorious deeds, doing wonders?” Exodus 15:11

What makes God holy? He is utterly set apart, distinct from everything that exists, both what we know and what we cannot yet comprehend. God is the beginning of all things. He alone is uncreated, yet He is the Creator of all. This means He stands infinitely above and apart from His creation. He is perfect, pure, beyond comparison, beyond comprehension. He is revealed as One God in three persons. (I confess with trembling that my words fall short of His greatness, and so I cease.)

“**Holiness unto the Lord**” is our theme for 2026 and for this season of fasting. We begin this week by sincerely considering His Holiness.

In *The Knowledge of the Holy*, A.W. Tozer writes: “*Nothing is complete in itself but requires something outside itself in order to exist.*”

Everything in creation depends on something else, air, water, light, time. Imagine, we need the sun to live, yet the sun does not need us to burn. God created the sun, and even it depends on His eternal command to shine. But God Himself is self-sufficient. He needs nothing. Nothing can improve Him or make Him better. He does not draw strength from anything outside His own being. He alone is complete, while all creation depends entirely on Him.

Isn’t this awesome? The God who needs nothing chose to love us and gave Himself for our salvation.

Today's Focus:

1. Meditate solely on the greatness of our God.
2. Find scriptures, Psalms, songs, and messages about His majesty.
3. Reflect on some of the names of God and His attributes (e.g. El Elyon; Jehovah Jireh; Jehovah Rapha; El Shaddai; Jehovah Shalom).
4. Journal your thoughts about His greatness.
5. Let your prayer be one of declaration and worship and praise.

In His holiness, God inhabits eternity, far beyond the bounds of time

Day 2

“For thus says the One who is high and lifted up, who inhabits eternity, whose name is Holy: “I dwell in the high and holy place, and also with him who is of a contrite and lowly spirit, to revive the spirit of the lowly, and to revive the heart of the contrite.” Isaiah 57:15

About three years ago, I read *The Holiness of God* by R. C. Sproul. It was a deeply renewing experience, yet also profoundly unsettling. Sproul refuses to allow the reader to domesticate God, he refuses to let God be reduced to something manageable or familiar. Instead, he compels us to confront a God who is utterly other—majestic, weighty, and unapproachable apart from grace. Sproul invites the reader to contend with the God of creation who is apart from creation—eternal, self-existent, and untouched by the rise and fall of human affairs. I was particularly struck by his reflection on Isaiah’s vision: when earthly power collapses, the Lord still reigns, high and lifted up. The angels’ cry of “holy, holy, holy” is not poetic excess, but a declaration that God’s holiness exceeds all human categories, shaking even the foundations of creation.

Isaiah 57:15 draws us deeper still into this holy mystery. The Holy One who inhabits eternity—unbound by time, untouched by decay, and unlimited by the constraints of creation—stands sovereign over past, present, and future. Yet this same eternal God, exalted and high above all history, chooses to draw near. He dwells not with the self-sufficient or the proud, but with the contrite and lowly in spirit, reviving weary hearts and restoring humbled souls. Here we encounter a profound paradox: the God who transcends all moments willingly enters our moments; the One who stands beyond time graciously meets us within it.

As we step back from the ordinary rhythms of life and the busyness of daily routine, Scripture invites us to behold the Eternal God who stands apart from time and space, yet lovingly stoops to revive humble hearts. May this fast draw us into reverent awe and quiet trust, reminding us that the Holy God is both transcendent and near.

“And the four living creatures, each of them with six wings, are full of eyes all around and within, and day and night they never cease to say: ‘Holy, holy, holy, is the Lord God Almighty, who was and is and is to come!’” Revelation 4:8

I encourage you to read Revelation 4 several times today. The chapter is filled with magnificence, drama, and mystery. Notice how often John uses phrases like “had the appearance of” or “like a...” at least six times I counted! Such language suggests that what he saw was beyond human description. Yet one thing is unmistakable: in God’s presence there is unashamed, universal, united worship.

When the four living creatures proclaim, “Holy, holy, holy,” the twenty-four elders respond by casting their crowns before the throne in total submission, acknowledging God’s unmatched supremacy. Some details in this vision remain mysterious, but the focus of their worship is clear: **God is the Creator and Sustainer of all things.**

Revelation 4:11 declares that all creation exists “by His will”. His will includes salvation and the restoration of all things to Himself (Ephesians 1:11; Colossians 1:15–20; 3:11). Therefore, our worship should overflow with faith, hope, and joy, knowing that God’s glorious plan will surely come to pass.

Let us join with the angels around His throne and declare:
‘Holy, holy, holy is the Lord God Almighty!’

But with a deep-rooted awareness that His sovereign plan is advancing toward its glorious completion. And nothing will by any means, hinder it.

Today's Prayer Focus:

Let your prayers be seasoned with submission. Ask the Lord to reveal:

1. Things He wants you to do.
2. Things He wants you to change.
3. Things He wants you to introduce into your life.
4. Things He wants you to surrender or give up.

“Thy will be done on earth as it is in heaven.”

“To whom then will you compare Me, that I should be like him? says the Holy One.”
Isaiah 40:25

Our key text above is like a microphone drop moment. There's only one response to the question, *who will compare with God?* There *is* no comparison to God.

I am minded that we haven't a gauge or picture or a true and full description of God's holiness. All we know is there is nothing like it in order to compare. Our imagination and creative juices can not grasp the purity of God's holiness, yet we are called to strive towards this.

God's love and mercy knows our human nature with its frailty would not scratch the surface of meeting God's level of holiness. This, I believe, is one of the reasons we haven't the description of the fullness of God's holiness to follow. We would be living a life trying to match it when our Father, God knows our limitations.

When the Israelites were being established in their promised land, God reset everything by prescribing the way they should live, what they should and should not do and nothing was left to 'chance'. Here, God told his people they should be holy because He (God) is holy. Leviticus 11:44-45.

Let our focus today be of awe and adoration to God. Yahweh. Adonai. It is times like these where we are grateful to the angels whose sole purpose is to bow and worship God for who He is. This is our opportunity to join with them in adoration to the Holy God.

Prayer focus:

God, we ask for your Holy Spirit to inspire us how to honour You for You are Holy and we too must live holy lives. Please show us how.

The Holy Authority and Sovereign Power of the Holy One

“And to the angel of the church in Philadelphia write: ‘The words of the holy one, the true one, who has the key of David, who opens and no one will shut, who shuts and no one opens.’” Revelation 3:7

Philadelphia was a city prone to earthquakes, leaving its walls cracked and its people insecure. Strong walls symbolised safety and stability. Maybe, this was why Nehemiah grieved so intensely over Jerusalem’s broken walls (Nehemiah 1:1–6). Broken walls imply a broken people. Many in Philadelphia chose to live in the countryside, farming far from the city’s instability.

In Revelation 3:12, we glimpse the glorious future, the New Jerusalem descending from heaven. Those who overcome and remain faithful will dwell securely in His eternal Kingdom, never to leave. Who wouldn’t long for such a place? It is the ultimate refuge of peace, joy, and fulfilment, where we will behold our Lord in all His glory forever.

Jesus holds the key. He alone has the authority to grant or deny access into His Kingdom. He also holds the keys of life and death (Revelation 1:18). One day He will raise His own from their graves to eternal life and open the door for them to enter His everlasting house. **He opens and no one shuts, He shuts and no one opens.**

Daily Checklist: Living Under Christ’s Authority

1. Acknowledge His authority – Declare this: Jesus holds the key to my life and my future.
2. Express gratitude – Thank Him for access to His presence and promises.
3. Walk in obedience – In prayer ask: What door is Christ opening for me today? Step through it in faith (this could be an action or attitude).
4. Embrace holiness – Align an area of your life with His will.
5. Speak Kingdom truth – Affirm His sovereignty and your trust in His plan.
6. Surrender control – End your day by saying: Lord, *Your* will be done.

“But the LORD of hosts, Him you shall honour as holy. Let Him be your fear and let Him be your dread.” Isaiah 8:13

Hannibal Barca was one of the greatest commanders of war and was close to overthrowing the Roman Empire with his genius for war strategy, bravery, fighting prowess and ability to influence and lead his army. Hannibal, of North African descent, famously crossed the Alps with his terrifying army to attack Italy.

He had a fearsome reputation throughout antiquity, but even with all of his military nous and terror, he and his army were still beaten in the end. In the book of Isaiah, Judah faced defeat and the threat of annihilation from the combined armies of Israel and Syria, but an even larger threat was on its way in the form of the Assyrian army. They would not only overthrow Israel and Syria, but they would “Overflow” Judah, and in this, God's people would not be defeated. It would look and feel like they would be, but the LORD of hosts was the commander that they needed to fear, revere, and consecrate their lives to. The Lord of hosts is the greatest, strongest, and most formidable foe to have ever existed, and God wanted His people to realise that their most fearsome situation was no comparison to Yahweh - ‘The LORD of Hosts’; the commander of the greatest ever army and the creator of heaven and earth!

Reflection:

He is also our God, and we should hallow His great power, and this should be reflected in the way we live our lives and face our daily situations. Let us meditate on God's might and power throughout today.

**“Ha! What have you to do with us,
Jesus of Nazareth? Have you come to
destroy us? I know who you are—the Holy One of God.” Luke 4:34**

In Luke 4:31-37, Jesus is teaching in a synagogue in Capernaum on the Sabbath. His listeners are amazed:

“They were astonished at his teaching, for his word possessed authority” (Luke 4:32). It is here, in the synagogue, that Jesus encounters a man with an unclean spirit. The ESV states, “...the spirit of an unclean demon, and he cried out with a loud voice.”

The phrase “cried out with a loud voice” is significant. In the ancient world, a loud, uncontrollable outburst was indicative that a person or spirit was being overpowered. The evil spirit asks two questions and makes one declaration. He cries out, “Ha! What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are - the Holy One of God.”

Firstly, he asks, “What do you want with us?” This reflects hostility and fear. He is threatened by Jesus’ presence and recognises Jesus’ authority. The spirit calls Him by name, “Jesus of Nazareth,” revealing and testifying to His identity.

“Have you come to destroy us?” The evil spirit understands that Jesus is all-powerful and is aware of his impending judgement. Finally, he declares, “I know who you are - the Holy One of God.” He confirms Jesus’ divine identity and recognises that Jesus is indeed the Holy One of God, completely set apart and pure.

Mark 3:11 states, “Whenever the unclean spirits saw him, they fell down before him and cried out, ‘You are the Son of God.’” James 2:19 says, “You believe that God is one; you do well. Even the demons believe—and shudder.”

It is ironic that the demonic spirit knew exactly who Jesus was and trembled, yet those from his own town had trouble believing he was the Christ. If demons recognise the holiness of God, his power, and his authority and tremble, then we, as believers, ought to approach God with reverence, awe, and humility. Our worship and service should be grounded in a revelation of who God is.

Prayer points:

1. Take some time to be still and ask God for a fresh revelation of who he is.
2. Pray for God to illuminate his word so that we will recognise his identity!
3. Pray that we will approach God with reverence and choose daily to live a life that reflects His holiness.

12-18 JANUARY

WEEK 2: GOD SETS US APART

Our position as 'holy ones' is the Lord's doing. Through Christ's blood, we are sanctified, consecrated, and cleansed.

21 DAYS
PRAYER & FASTING

"BUT AS HE WHO CALLED YOU IS HOLY,
YOU ALSO BE HOLY IN ALL YOUR CONDUCT... " **1 PETER 1:15A**

Week 2 Notes

“He will sit as a refiner and purifier of silver, and he will purify the sons of Levi and refine them like gold and silver, and they will bring offerings in righteousness to the Lord.” Malachi 3:3

Here we see the grace of God, He is not slack concerning His promise... not willing that any should perish (2 Peter 3:9). Even when we fall short of the standards God has set for us, He extends grace instead of condemnation. Malachi 3 v.3 states, “He will sit as a refiner and a purifier of silver... that they may offer to the LORD an offering in righteousness.”

At times it may be found that we too need refining and purifying. Israel didn't realise their state. Instead, they saw others who they deemed wicked and proud and complained how they were testing God but being blessed at the same time (Malachi 3:15). All whilst they were treating the LORD with contempt with their defiled offerings. Are our offerings defiled? Then our Father will not be pleased.

However, He will refine us because He loves us, and we may not recognise God's hand in our suffering. F.B Meyer says, “If you are just now in the fire, dear soul, be of good cheer. It shows at least you are silver and are capable of performing more acceptable service in God's temple.” We are His priests and need to see ourselves as such. We have been called to serve and offer our service in righteousness. Peter says, we are ‘a royal priesthood’. Set apart for holiness, ‘God's own possession’ to declare His virtues. 1 Peter 2:9-10

Ezekiel 22:17-19 is a clear elucidation to this fact. “The LORD said to him, ‘Mortal man, the Israelites are of no use to Me, they are like the waste metal, copper, tin, iron, and lead left over after silver has been refined in a furnace... they will be melted like silver is melted in a furnace.’ Purifying may seem harsh at the time but hold tight, because it's a sign that you are one of His children. Hebrews 12:5-7.

Prayer Points:

1. Father, help me to accept who I am in You, a royal priesthood.
2. Search my heart O' LORD and see if there be any wicked way in me.

“And on that day there shall be inscribed on the bells of the horses, “Holy to the Lord.” And the pots in the house of the Lord shall be as the bowls before the altar. And every pot in Jerusalem and Judah shall be holy to the Lord of hosts, so that all who sacrifice may come and take of them and boil the meat of the sacrifice in them. And there shall no longer be a trader in the house of the Lord of hosts on that day.”

Zechariah 14:20-21

A definition of holiness is *being or to be holy, or sacred*. Holy is being separated unto the Lord for His service and we, as God’s people, should be holy. God has made provisions to make it possible for us to be holy and an important principle to remember—to keep us holy.

Jesus gave His life as the ultimate sacrifice, making us presentable to our heavenly Father. So then, no one should live carelessly because God has opened a way for us to be holy, as He is. We need to ask ourselves the question: “am I aiming to be always holy as our heavenly Father?” Or, “am I associated to worldly entertainment and the things that are not pleasing to our God?”

Let our lives be so pleasing to God that even before we get an opportunity to speak, our lifestyle speaks for us, that we are an holy people, showing forth the glory of God. Let our lives be of holiness that brings praise and glory to our God.

Just as Moses spent a long time in God’s presence, the glory of God was detected on his face (Leviticus 11:45). In turn, as you spend time in God’s presence His holiness will be seen in you, bringing holiness through you as 1 Peter 1:16 says “Be holy for I the Lord am holy”. God is calling us to be a people who are holy unto Him and thus bring praise unto Him.

Reflection:

Holiness is mentioned 637 times in the Bible which shows just how important holiness is to God. After reflecting on today’s devotion, how will you prioritise holiness unto the Lord in your own life?

“For you are a people holy to the Lord your God. The Lord your God has chosen you to be a people for his treasured possession, out of all the peoples who are on the face of the earth.”

Deuteronomy 7:6

One of the most amazing truths in Scripture is that God loves us and has chosen us to belong to Him. This is not because of anything we have done or can do, but simply because of His love and purpose. In Deuteronomy 7:6, God tells His people, “For you are a people holy to the Lord your God. The Lord your God has chosen you out of all the peoples on the face of the earth to be his people, his treasured possession.”

Throughout the Bible, being “chosen” means being set apart, not because we are perfect, but because God has set His love on us. Our identity is not based on how well we follow the rules or how good we are, but on God’s grace. Just as Israel was called to be holy in the Old Testament, we, through Christ, are called to reflect God’s love and holiness today (see 1 Peter 2:9).

Being chosen by God means living differently. It is a call to live with kindness, humility, and faithfulness, showing God’s love to others. We are invited into a special relationship with Him, one that shapes our daily choices and attitudes. We don’t have to be perfect; God’s Spirit helps us grow. What matters is our willingness to let God lead us and to trust in His promises.

Reflect:

What does it mean to you personally to be God’s “treasured possession”? How might this truth change the way you live today?

Prayer:

Lord, thank You for choosing me and calling me Your treasured possession. Help me to live out Your love and holiness each day. Give me the grace to reflect Your heart to others. Guide me to trust in Your purpose and to walk closely with You. AMEN

“And they shall be called The Holy People, The Redeemed of the Lord; and you shall be called Sought Out, A City Not Forsaken.” Isaiah 62:12

Today, we reflect on what it means to be “called holy” and how this shapes our identity in Christ. Throughout the Bible, God gives new names to His people, such as Abram becoming Abraham, or Saul becoming Paul, signifying not just a change of name, but a transformation of purpose and destiny. These stories remind us that God sees us as who we are becoming, not just who we are now.

Isaiah 62:12 proclaims us as “The Redeemed of the LORD”, pointing to our true identity found in Christ. Our past mistakes and regrets no longer define us. Through Christ’s sacrifice, we are set free from shame and the curse of the law, welcomed into God’s family as beloved children. As 2 Corinthians 5:17 declares, “If anyone is in Christ, he is a new creation; the old has gone, the new is here!” Holiness is not a heavy burden or a standard to reach by our own strength. It is a daily, Spirit-led transformation, an invitation to “**put on the new self**” in righteousness and holiness. This is a gradual process as God shapes our hearts and minds.

I once defined myself by guilt and regret. However, by embracing my new identity in Christ, I have learnt to forgive myself which enables me to show grace to others. This change affects my relationships, work, and my whole outlook on life.

Reflect: What does being “holy” and “redeemed” mean to you? How does knowing that your worth is based on God’s declaration instead of achievements or failures change how you see yourself and interact with others?

Prayer: Lord, thank You for calling me holy and redeeming me through Christ. Help me to see myself as You do, and to reflect Your righteousness each day. Strengthen me to put on the new self and let Your love guide my actions. Amen.

“And by that will we have been sanctified through the offering of the body of Jesus Christ once for all.” Hebrews 10:10

So Jesus also suffered outside the gate in order to sanctify the people through his own blood. Hebrews 13:12

Holiness begins with God. He is perfectly holy, and in His grace, He has set us apart to share in that holiness. This is not something we achieve through effort or ritual; it is entirely God’s work. Scripture reminds us that holiness is not a status we earn but a gift we receive through Jesus Christ.

We often confuse holiness with outward actions—praying longer, using special words, raising our hands, or appearing humble. While these practices can express devotion, they do not make us holy. Holiness is not about what we say, think, or do. You cannot make yourself “more holy.” You either are holy or you are not. And if you belong to Christ, you have been made holy because of His finished work.

When something is holy, we treat it differently because of its value and status. In the same way, our lives should reflect the holiness God has given us. Our conduct does not create holiness but demonstrates it. We live in obedience and purity because we have been set apart.

Just as salvation is a gift we cannot earn, holiness is also a gift. Through His suffering, death, and resurrection, Jesus cleansed us, sanctified us, and declared us holy. This truth frees us from striving and invites us to rest in God’s grace. Holiness is not self-made; it is God’s work accomplished through Christ. Our role is to live in the reality of what He has done—honouring Him in every aspect of life.

As we read the above scriptures (Hebrews 10:10 and Hebrews 13:12), let us meditate on the power of the blood of Jesus Christ

Prayer Points:

1. Thank God for the gift of holiness through Jesus Christ’s sacrifice. Acknowledge that we are sanctified not by our efforts but by His blood.
2. Ask God for strength and grace to live in obedience and purity, reflecting the holiness He has already given us.
3. Pray for a deeper understanding of what it means to be set apart and holy, so that our lives honour Him in every aspect

Leviticus 8:6-12

“Then Moses took the anointing oil and anointed the tabernacle and all that was in it, and consecrated them.” (verse 10)

Leviticus 8:6–12 gives us a powerful moment in Israel’s history as Aaron and his sons are set apart for priestly service. Moses washes them with water, showing that no one steps into God’s work without first being cleansed by Him. He then clothes Aaron in the garments that reflect his calling and responsibility. After this, Moses anoints the tabernacle and everything in it, declaring that all worship belongs to God. Finally, he pours oil on Aaron’s head, marking him as someone God has chosen and set apart. It is a beautiful picture of how God prepares those who serve Him: we are washed, cleaned, and consecrated.

Aaron’s full consecration happened once, but the pattern continued throughout his ministry. The priests regularly returned for cleansing so they could serve with reverence. Similarly, the same is true to believers. Water baptism may happen once, but the ongoing cycle of cleansing, surrender, and renewal continues as the Holy Spirit shapes us daily.

What stands out is that Moses didn’t only consecrate the priests. He consecrated everything in the tabernacle. Every lamp, vessel, garment, and surface had to be washed, anointed, and set apart. Nothing used in worship was treated as ordinary, because everything connected to God’s presence was meant to reflect His holiness.

This truth is applicable to us today. As born-again believers, God’s dwelling place. Worship is not confined to a building or a service, but it’s who we are. It includes every part of who we are, our thoughts, words, attitudes, work, relationships, time, and even our hidden motives, all belong to Him. Like the tabernacle, every area of our lives matter to God, and must be consecrated. We are His chosen vessels.

God begins by washing us. He cleans us, sets us apart for His purpose, and renews us repeatedly so we can serve Him in spirit and truth.

Prayer:

Lord, wash me again. Cleanse my heart, consecrate my life, and make every part of me sacred for Your glory. Shape me by Your Spirit so I walk in holiness and serve You with a willing, faithful heart. Amen.

1 Peter 2:5 & 9

“You yourselves like living stones are being built up as a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ.” (v.5)

“But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvellous light.” (v.9)

I am reminded of the Levite priests who were consecrated to serve the Lord and were a conduit between the Israelites and Sovereign God. Boundaries were put in place to keep them on the right path and consequences were inevitable when they stepped out of line. There was an order to uphold. The Levites were born into this role, committed from birth.

We now have that mantle, to go before the Lord on our own behalf. We have been found worthy, we have been seen as Saints, we are called Royalty. We are indeed privileged. Do we deserve it? I think not, but God in human form made the ultimate sacrifice for us. We should be dead but we live to declare Jesus as Lord!

Choose ye this day whom you will serve!

See yourself as chosen, hand-picked, anointed for service with others whom you now call Brethren.

See yourself as a priest, standing in the gap for others, speaking words of wisdom as the Holy Spirit gives you utterance.

See yourself as Royalty clothed in victory, protected, cleansed inside and out through the refiners fire. Reproofed, because your ABBA Father is King. Knowing whose you are in the kingdom of light, having control to walk the narrow road doing things as Yahweh has shown.

I have been crucified with Christ: it is no longer I who live, but Christ who lives in me...Galatians 2:20 ESV

Prayer point:

Father help me to see myself as you see me

19-25 JANUARY

WEEK 3 : LIFESTYLE OF THE HOLY

Holiness must shape how we live. It should influence our conduct, our worship, and our relationships.

21 DAYS
PRAYER & FASTING

“BUT AS HE WHO CALLED YOU IS HOLY,
YOU ALSO BE HOLY IN ALL YOUR CONDUCT... “1 PETER 1:15A

Week 3 Notes

“But as he who called you is holy, you also be holy in all your conduct, since it is written, ‘You shall be holy, for I am holy’.”
1 Peter 1:15-16

“For I am the Lord your God. Consecrate yourselves therefore, and be holy, for I am holy. You shall not defile yourselves with any swarming thing that crawls on the ground. For I am the Lord who brought you up out of the land of Egypt to be your God. You shall therefore be holy, for I am holy.” Leviticus 11:44-45

The statement: “You shall be holy, for I am holy,” is a citation from Leviticus 11:45 and finds itself within a record of ceremonial laws that God had laid out for His chosen people to adhere to. These rules were set to guide the Israelites in their worship and relationship with God and were designed with rituals that would continually keep them in sharp focus on who God is. These set the Israelites in contrast to the surrounding ideologies and were designed to repel outside culture and engage in worship of Yahweh.

Peter wrote to Christians whom he classed as “strangers/pilgrims” within places where the gospel message had begun to reach. He wanted to encourage them to live within the new life that God had called them to and not to regress into the ways of the cultures from which they had come.

Peter wanted to highlight to the young, dispersed church that they were to learn from the example set out in the ceremonial laws, to be wholly different in their behaviour that would reflect their worship of the one true God.

Reflection:

Let us take personal encouragement and fortitude in Peter’s words as we too are pilgrims and strangers—striving to live set-apart lives for God.

“So you shall remember and do all my commandments and be holy to your God.” Numbers 15:40

Today we consider obedience as part of holiness which is not a common connection but is seen clearly through our key text.

Sometime after the exodus of the children of Israel from Egypt and entering their promised land, God gave them a list of offerings. It was long and expanding to all manner of sins, sicknesses, even for handling dead animals. The context for our key verse is when instructions were given to the Israelites for 'Pleasing Offerings' to God. These were for special vows, free will offerings, or festival offerings. After this, they were instructed to have tassels on their garments as a reminder they had been called out and set apart. The instructions were given only to the Israelites as a reminder to carry out the commands instructed by God and be consecrated. Set apart. Holy.

Through obedience, your very actions will set you apart from the non-believer in today's society because godly actions do not conform to the worldly thinking of the way things are done. Who would have thought that obedience to God's commands were a mark of holiness? Yes, we as believers are called to obedience which sets us apart and activates our walk towards holiness. As read in our key verse for today "...so you shall remember and do all my commandments and be holy to your God."

Reflection:

God calls us as His children to obey His commands and precepts (not the unbeliever at this point). In what ways would you consider this to be a privilege?

Prayer:

Father, let my obedience to You be a true expression of worship today. Holy Spirit please show me every aspect of obedience required to please God and let this worship fill the atmosphere with a sweet aroma, reaching the throne of God. In Jesus' Name, Amen.

“I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.” Romans 12:1

Prayer:

Heavenly Father, I desire to be more like You, help me to surrender every thought, word and action to Your perfect will. Help me to pursue Your purpose over my own desires, pursuing righteousness over the need to be right. Silence every voice that is not from You and attune my ears to hear Your Spirit clearly. Give me the grace to respond with unwavering obedience whenever You speak.

In the mighty, matchless and victorious name of Jesus. Amen

Devotion:

I don't know about you, but there are times when I find it challenging to live in a way that truly honours God. If I'm being honest, when I reflect on how much time I spend in His presence, I often feel convicted—because too often, I give Him my leftover time instead of my wholehearted devotion.

Romans 12:1-13 gives us powerful and practical guidance. Paul reminds us that we are called to present ourselves as living sacrifices, set apart from the patterns of this world. This means renewing our minds daily so that we can be transformed into Christ's likeness. It also means embracing the unique spiritual gifts God has given each of us, using them to serve as part of the body of Christ. And above all, we are called to display a love that is genuine—a love that reflects God Himself.

Your daily challenge:

- ◆ Start small but be intentional: Set aside a specific time each day for prayer and Scripture, even if it's just 10 minutes to begin with.
- ◆ Renew your mind daily: Replace negative or worldly thoughts with God's truth. Memorise one verse of scripture each week to keep His Word close.
- ◆ Serve with your gifts: Ask God to show you how your talents can bless others—whether in church, workplace, or community.
- ◆ Practice genuine love: Look for one opportunity each day to show kindness without expecting anything in return.

Living this way isn't about perfection—it's about progress and surrender. God honours every step we take toward Him.

“I therefore as a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called.” Ephesians 4:1

“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love.” Ephesians 1:3-4

Ephesians 4 v.1 is what I would describe as a loaded verse! It challenges, encourages, and charges the believer to recognise the weight of their calling. The Apostle Paul wrote this letter to the Ephesian church while in prison. He describes himself as a “prisoner of the Lord,” not of the state. By calling himself a “prisoner of the Lord,” he frames his imprisonment not as a tragedy or misfortune but as part of God’s divine plan. He was fully committed to God’s plans and purposes and to the work to which he had been called.

Paul often refers to himself as a “bondservant of Christ Jesus” (Romans 1:1, Ephesians 3:7, Colossians 1:23). The word “bondservant” in Greek is *doulos*, which means servant or slave. By presenting himself in this way, he appeals to the Ephesians to live a life submitted to the Lord. Ephesians 1:4 reminds us, “Even as he chose us in him before the foundation of the world, that we should be holy and blameless before him.” There is a standard to which they must live, a standard that can only be achieved when one is fully submitted to the Lord.

The call to holiness is to be set apart for God. 1 Peter 1:15-16 says, “But just as he who called you is holy, so be holy in all you do; for it is written: ‘Be holy, because I am holy.’”

In 1 Thessalonians 4:3-4, we are reminded, “For it is God’s will that you should be sanctified...”

Ephesians 1:4 also declares, “For he chose us in him before the creation of the world to be holy and blameless in his sight.”

Paul was reminding the Ephesians to walk worthy of the calling they had received. At times, this calling will require sacrifice and, as Paul modelled, it may involve much suffering. However, we are encouraged to “walk worthy,” recognising that we are called by his grace, not by our own works.

Prayer / action points

1. Pause and ask the Lord to reveal any area of your life that is not submitted to him. Bring any area before God that he reveals to you. Ask for repentance and the Grace to walk in holiness before him.
2. The walking in holiness requires sacrifice, and that sacrifices might be our own will. Pray through this period of fasting, we will lay aside anything that seeks to pull us away from God’s presence and call
3. Pray that God keeps you rooted and grounded in Him even in the midst of suffering.



“The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is insight.” Proverbs 9:10

From the earliest pages of Scripture and throughout the history of Christian reflection, holiness has been understood as something that evokes both **awe** and **affray**. Encounters with God are never casual. When Moses stood before the burning bush, he was told to remove his sandals; when Isaiah glimpsed the Lord “high and lifted up,” he cried out in trembling. Whenever the Holy One reveals himself, human confidence collapses and our self-understanding is laid bare. Holiness confronts us before it consoles; it unsettles before it restores, awakening a deep awareness that we stand before One infinitely greater than ourselves.

Yet this affray is never God’s final word. The same holiness that exposes also heals, cleanses, and sends. God’s presence reveals what is unclean not to destroy, but to purify; not to crush, but to restore. This is why holiness is also a source of awe—a warming, transforming radiance that draws us toward grace, obedience, and life.

A holy life, then, does not begin with willpower or moral effort. As Alistair Begg reminds us in his sermon *The Beginning of Wisdom*, true wisdom begins with reverence: a posture of loving awe, trust, and devotion. Proverbs 9:10 names this clearly: “*The fear of the LORD is the beginning of wisdom, and the knowledge of the Holy One is insight.*” From a reverent heart, holiness takes root and grows.

Meaning

Awe: a deep sense of wonder, reverence, and admiration in response to God’s greatness and beauty.

Affray: a holy trembling or inner disturbance that arises when we recognise God’s purity, power, and our own smallness before Him.

“The Lord will establish you as a people holy to himself, as he has sworn to you, if you keep the commandments of the Lord your God and walk in his ways.”
Deuteronomy 28:9

As in Deuteronomy, throughout scripture we see a theme that says, “If you do, I will.” God has called us to be a holy people set apart for service within His perfect plan. What a place to be, in His perfect will! God’s plan is and has always been, from the Fall, to reconcile man back to Himself. However, there is a caveat attached to that, and that is, obedience to His commands. These are the conditions. He says, “If you obey My commands, I will bless you.” A holy state requires us to trust in the Lord and not on our own understanding.

Here are some additional conditions; 1. Faith in Christ. 2. Perseverance. 3. Spiritual discipline, and 4. Union with God.

First, we must believe in the One who has called us and then trust the process He has set for us, which requires patience and endurance. We can achieve this with committed study, prayer and quality time in His presence.

At times it may seem difficult obeying His commands. But we do not do this in our own strength for we are led by the Spirit. Romans 8:14. There is so much to gain when we faithfully walk in the way of the Master. Paul beseeches us to present ourselves... “holy and acceptable to God, which is our reasonable service.” We cannot serve Him on our terms, anything short of His terms will not suffice, because our hearts won’t permit us. Jeremiah 17:9. Therefore, it requires a yielding on our part, to the Spirit to do His transforming work, leading us to that required state. Holiness and obedience walk hand in hand; there’s not one without the other.

Humbling ourselves is for God’s glory with blessings attached to it. The holy state enables us to accomplish our calling. We were created in Christ Jesus unto good works which He had prepared for us. Ephesians 2:10.

Prayer points:

1. O’ LORD, help me to humble myself before You.
2. Father, show me the way to go to reach the state of holiness You require. Amen.

“And the Lord said to Moses and Aaron, ‘Because you did not believe in me, to uphold me as Holy in the eyes of the people of Israel, therefore you shall not bring this assembly into the land that I have given them’.” Numbers 20:12

Honouring the Lord in obedience is to uphold Him as Holy. The alternative is rebellion as noted in our key text.

The text for today ends with devastating news for Moses and Aaron. Although they led the children of Israel through months and years wandering through the dessert, God said they would not take the Israelites into the promised land because they didn't uphold God as Holy in the eyes of the people.

God was angry with Moses and Aaron but let that not be our story. Let us live lives that please God by upholding God as Holy at all times.

We have come to the end of our 21 days New Year fasting and prayer season. Let us continue to strive toward holiness and live holy as we are encouraged in God's Word and in the devotions we have just gone through.

Prayer points:

1. Our eyes will be open to the distractions we see every day and that we keep our focus on obedience to God's Word.
2. We refer to the practical and Biblical teachings of holiness at all times.
3. Every day we would lean on the Holy Spirit that our lifestyle will uphold God as holy at all times.

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