



# SPRING INTO ACTION

## KNOWING WHO YOU ARE IN CHRIST

**'I pray that the faith you share will make you understand every blessing we have in Christ.' Philemon 1:6**

If you're struggling with self-worth, the answer is knowing what you have and who you are 'in Christ'. Paul writes, 'I pray that...you understand every blessing we have in Christ.' Here are some practical steps you can take to increase your sense of confidence and self-worth:

- 1) Don't speak negatively about yourself. Instead of focusing on your weaknesses and flaws, start acknowledging and verbalising every good thing you 'have in Christ'. Peter writes: 'By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him...he has given us great and precious promises. These are the promises that enable you to share his divine nature' (2 Peter 1:3-4 NLT).
- 2) Avoid comparing yourself to others. One day Peter pointed to John and asked, 'Lord, what about him?' (John 21:21 NIV). Jesus corrected him by saying, 'What is that to you? You must follow me' (v. 22 NIV). Instead of comparing yourself with others, work on being conformed to the character qualities of Christ.
- 3) Let God determine your worth. As His redeemed child, God sees you clothed in the righteousness of Christ; therefore, you are always loved and accepted by Him (see 2 Corinthians 5:21).
- 4) Keep your flaws in perspective. It's okay to see where you need to improve, but make sure you appreciate your progress.
- 5) Discover the true source of confidence. If you place your confidence in God, you can't help but have a healthy attitude. So, do your best and leave the results to Him.

## SEPTEMBER 2025



### SUNDAY SERVICES

#### PCF Tottenham

- **Adult Sunday School Class.** 09:30 - 10:25 every week on the first floor
- **Collective Worship** at 10:30
- You can also join us online live at 10:30, via the [PCF website](https://www.tpcf.org.uk), and [YouTube](https://www.youtube.com/channel/UCqj8K8K8K8K8K8K8K8K8K8K)

#### PCF Edmonton

- PCF Edmonton meet 11:30am every Sunday at Houndsfield Primary School in Edmonton.
- For more information visit [edmonton.tpcf.org.uk](https://www.edmonton.tpcf.org.uk) or you can email [edmonton@tpcf.org.uk](mailto:edmonton@tpcf.org.uk).

#### The People's Christian Fellowship

Springfield Hall, 89 Broad Lane,  
London N15 4DW  
Tel: 020 8801 1873  
Email: [connect@tpcf.org.uk](mailto:connect@tpcf.org.uk)

PCF Charity Number - 1031255



Log in to **PCF Guest**

Password: **Springfield89**

# All Night Prayer

Friday 12<sup>th</sup> to Saturday 13<sup>th</sup> September  
10pm through to 6am

The long awaited all night prayer will be from Friday 12<sup>th</sup> through to Saturday 13<sup>th</sup> September. You can come from 10pm on Friday and stay for as long or as short as you can.

This will be a rich time as we gather together on one accord to pray and to praise.

YOUNG ADULTS MINISTRIES PRESENTS

## LET'S HANG

Food • Interactive Bible Study • Games

Date: 14.09.25

Time: 3pm

Location: Will be provided to attendees

*"...we are in it, not of it"*

RSVP Karar, Reanne, Rashaan or Sharone



**New Members received into PCF**  
on

**Sunday 21<sup>st</sup> September**

**Want to find out more?**

If you have been considering becoming a member at PCF or would like to have more information, please speak to one of the Leaders in person on Sunday, email [connect@tpcf.org.uk](mailto:connect@tpcf.org.uk), or call the office on 020 8801 1873 and one of the Leaders will get in touch.



We want to celebrate with you and your family.  
Whether you are a member or regularly attend PCF, let's celebrate together.

E-mail your dates to [SIA@tpcf.org.uk](mailto:SIA@tpcf.org.uk) and we will include them in SIA.



# 2025

**Hold these dates in your diaries  
and look out for the flyers for  
further information**

Interested in joining the PCF  
Events Team? Email:  
[events@tpcf.org.uk](mailto:events@tpcf.org.uk)

Follow us on Instagram  
- PCF Events

**Universally Unchallenged Bible Quiz**  
Part 3 : 21 September 2025

**Relationship Seminar**  
Part 2 : 15 November 2025

**PCF Convention**  
Wednesday 29 October to Sunday 2 November 2025

## Baptism Service

Sunday 16<sup>th</sup> November 2025

The next baptism service will take place on  
Sunday 16<sup>th</sup> November. If you are considering  
baptism, speak to the PCF leadership or you can  
email [connect@tpcf.org.uk](mailto:connect@tpcf.org.uk) and one of the  
Leadership team will get in touch.



The Food Bank need volunteers to drive  
the church van to collect food items  
from different outlets. Drivers need to  
have held their License for over 2 years.

Drivers are needed on Tuesday  
Evenings and on occasions  
Tuesdays during the day.

Please contact Charmaine Walden  
or send an email to  
[Charmaine.Walden@tpcf.org.uk](mailto:Charmaine.Walden@tpcf.org.uk)

Thank you for your support



**For all those celebrating this month,  
Happy Birthday and Happy Anniversary  
from PCF!**

Sister Edwards (Antigua).....Sun 31<sup>st</sup> Aug  
Kelvin & Mary Hall celebrate their  
Wedding Anniversary .....Sun 31<sup>st</sup> Aug  
Marcia Latty .....Mon 1<sup>st</sup>  
Natalie Clarke .....Fri 6<sup>th</sup>  
Dexter Morgan.....Sat 7<sup>th</sup>  
Dianne White .....Sat 7<sup>th</sup>  
James Hylton.....Sun 7<sup>th</sup>  
Tyreigh Simpson .....Sun 7<sup>th</sup>  
Elijah Lester.....Mon 8<sup>th</sup>  
Tehillah Ediri.....Tue 9<sup>th</sup>  
Jacqueline How .....Tue 9<sup>th</sup>  
Ela and Mandyata celebrate their  
Wedding Anniversary .....Tue 9<sup>th</sup>  
John Mugridge.....Wed 10<sup>th</sup>  
Elder Connell Walden.....Thu 11<sup>th</sup>  
Daniel & Marsha Shodiya celebrate  
their Wedding Anniversary .....Sat 13<sup>th</sup>

Samuel & Vernetta Lynch celebrate  
their Wedding Anniversary ....Tue 16<sup>th</sup>  
Donette Lester .....Tue 16<sup>th</sup>  
Nyella Bennett .....Wed 17<sup>th</sup>  
Talia Harris .....Wed 17<sup>th</sup>  
Geoff & Joyce Allen celebrate their  
Wedding Anniversary .....Wed 17<sup>th</sup>  
McKenzie Peters .....Tue 23<sup>rd</sup>  
Donna Daniel.....Wed 24<sup>th</sup>  
Athaliah Galloway.....Wed 24<sup>th</sup>  
Dexter & Debi Morgan celebrate  
their Wedding Anniversary .....Sat 27<sup>th</sup>  
Vincent Williams (Junior) .....Sat 27<sup>th</sup>  
Courtney & Erica Daniel celebrate  
their Wedding Anniversary ....Tue 30<sup>th</sup>  
Anayah Arbuah.....Tue 30<sup>th</sup>  
Jasmine Stevenson .....Wed 1<sup>st</sup> Oct

**"You will keep in perfect peace those whose minds are steadfast, because they trust in you.  
Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal."**

Isaiah 26:3-4 (NIV)



## Knowledge Pursuit of the Bible

Readers... see how much Biblical detail you can remember

1. What is the last word in the New Testament?
2. By which previous name was Paul of Tarsus known as?
3. Whose wife was turned into a pillar of salt when she looked back?
4. In the bible, who is said to have lived on a diet of locusts and wild honey?
5. How many years did Noah live for after the flood?
6. There are only three angels named in the bible, Michael and Lucifer are two, name the other?
7. The book of Esther is unique because it does not mention which word?

### Answers to Knowledge Pursuit of the Bible

- |          |                     |                   |
|----------|---------------------|-------------------|
| 1. Amen  | 4. John the Baptist | 7. The word 'God' |
| 2. Saul  | 5. 350 years        | 8. Aramaic        |
| 3. Lot's | 6. Gabriel          | 9. John Wycliffe  |

### Answers to Quiz for younger readers

- |                   |            |                         |
|-------------------|------------|-------------------------|
| 1. True           | Luke, John | 8. Hebrew               |
| 2. Genesis        | 5. Psalms  | 9. Greek                |
| 3. Revelation     | 6. 3 John  | 10. Paul wrote 13 books |
| 4. Matthew, Mark, | 7. Matthew |                         |

8. The Bible was written in three languages - Hebrew, Koine Greek and which other language?
9. Who made the first translation of the Bible into English in 1382?
10. Name the longest book of the Bible with 150 chapters?
11. In what city was Jesus born?
12. Who took the place of Judas in the twelve disciples?
13. Who was the older brother of Moses?
14. What kind of wood was Noah's ark built from?
15. Who, following Moses' death, became the leader of the children of Israel?



## Biblical Quiz for the younger reader

1. True or False: The Bible is the most popular book ever written. (by copies sold)
2. What is the first book in the Bible?
3. What is the last book in the Bible?
4. What four books tell about Jesus life on Earth?
5. Which is the longest book in the Bible?

6. What is the shortest book in the Bible?
7. Which New Testament book has Jesus' Sermon on the Mount?
8. In what language was most of the Old Testament given?
9. In what language was most of the New Testament given?
10. Which human author wrote the most books?

**TRUE**

**FALSE**