



SPRING INTO ACTION

INTEGRITY

'He who walks with integrity walks securely, but he who perverts his ways will become known.'

Proverbs 10:9

What would you say is the single most important characteristic of a person who wants to be successful and make a difference in the world? Some would say intelligence. After all, knowledge is power in numerous ways. Others argue it is intensity, that spirit of conquest supplemented with a passion that becomes contagious. Yet others propose that it is insight, good old common sense accompanied by the ability to clearly perceive certain issues.

The Bible says the most important quality in success is integrity: 'He who walks with integrity walks securely, but he who perverts his ways will become known.' You will eventually 'become known' by your integrity or the lack of it. We have all known people along life's road who possess extraordinary intelligence but no integrity, and they are no longer in the race. Others with great intensity and passion but little integrity have ended up the same way. The same result is true of people with great insight but no integrity. The thesaurus equates integrity with such words as 'honesty, completeness, and incorruptibility'.

Integrity begins in your private world; the part of you that's known only to God and yourself. Then it shows up in your personal world; the part of you that you reveal to a small circle of intimate family members and possibly a few friends. After that comes your professional world. Here people know you by your product, your work ethic, or your skill set. And they all ask the same question: 'Can I trust you?' Finally, your integrity shows up in your public world. So here is the question: ***do you have integrity?***

AUGUST 2023



**Sunday Services at
The People's Christian Fellowship**

**Adult Sunday School Class
09:30 - 10:25 every week on the first floor**

**Collective Worship
10:30 every Sunday**

You can also join our service which is streamed live, via the [PCF website](#), and [YouTube](#)



The People's Christian Fellowship

Springfield Hall, 89 Broad Lane,

London N15 4DW

Tel: 020 8801 1873

Email: connect@tpcf.org.uk

PCF Charity Number - 1031255



Log in to **PCF Guest**
Password: **Springfield89**




REGISTERED CHARITY
NUMBER: 1031255

**DISTANCE:
APPROX 5 MILES!**

**THE PEOPLE'S
CHRISTIAN
FELLOWSHIP
SPONSORED
HEALTH WALK**

MEETING POINT: RIVER LEA HIGH
BRIDGE - SPRING HILL, E5 9BL

DATE: SATURDAY, 9TH
SEPTEMBER 2023
@ 10AM



REGISTER
HERE

Come, get out your trainers and join the PCF family on the Sponsored Health Walk along the scenic River Lea canal banks, taking in the nature in Tottenham Marshes. It's going to be great fun and it is all for a good cause - raising funds for our church.

Get involved, get your family, friends, neighbours and work colleagues to sponsor you.

HOW DO I REGISTER TO TAKE PART?
Sponsorship forms are available from events@tpcf.org.uk or [CLICK HERE](#) to register online.

No access to internet? Ask a member of Events Team for printed sheets.

(Free parking available on Spring Hill Road and adjacent car park.)

Bible Challenge | Week 32 - Track 1

Pastor Dave Daniel

The Bible Challenge podcast is back. We have a slightly different exercise for you this month. It is to re-write this month's scripture memory passage (track 1) in your own words, and if you don't mind, could you send it to pastor Dave via connect@tpcf.org.uk.

You should not copy from another translation but you may use a thesaurus. Do your best to maintain the meaning by applying relative words, this is the Word of God. The purpose of this exercise is to get us to think deeply and understand better the message in this beautiful passage of scripture.

P.S. You still have to memorize the original 😊

I am providing my attempt at verse 28 below:

<p>Week 32 – 06/08</p> <p>Isaiah 40: 28-31</p> <p>28 Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable.</p> <p>29 He gives power to the faint, and to him who has no might he increases strength.</p> <p>30 Even youths shall faint and be weary, and young men shall fall exhausted;</p> <p>31 but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.</p>	<p><i>Isaiah 40:28</i></p> <p><i>Don't you know this? Weren't you listening? YHWH is the eternal God, the creator of everything. YHWH is always strong and never get tired. Plus, His knowledge is transcendent.</i></p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
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**PCF Food Bank
Appeal for Donations**


At PCF we are grateful for all who give produce and finance to enable the PCF Food Bank to continue its support to the community.

We continually need the following:

- Cereal
- Soup
- Tinned Tuna

Of course, anything you can contribute is appreciated. Thank you as your help is enabling us to continue this valuable work in your community.

Thank you



Sunday Brunch

**Will be serving you on
Sunday 20th August**

The Sunday Brunch is the perfect opportunity to spend a day together relaxing with family and friends in an informal and friendly environment.

Sunday Brunch

Adults £8.50 | Early Bird Adults £7.00
Child £6.50 | Early Bird Child £5.00

Children up to age 12
Early Bird bookings up to 8th June
Special occasions or group bookings

Now Open Every 3rd Sunday

12.30 pm - 2:30 pm
Eat in or Take Away

**Bookings open for payments in full for
table reservations and take away
meals**

PCF Choir CDs now on sale

Available today£12.00 each
Bulk buy rate for
6 CDs or more.....£10.80 each

Card payments accepted. See Shirland McKoy.

#DADJOKES

Q: Who was the smallest person in the Bible? **A: Knee high miah!**

**People's Christian Fellowship
Proposed Tour to the Holy Land 2024**

A tailor-made seven-day guided tour is being planned, based on 1 Kings 8: 12-53. The trip will include guided tours to many of the major Biblical sites including where Jesus walked. At this stage, we are seeking expressions of interest. Depending on the level of interest in this tour, the Events Team will explore further and provide details.

Are you interested in going on a life-changing trip to the Holy Land? [Click here](#) to email your expression of interest to the Events team (events@tpcf.org.uk). Let them know how many people are interested in travelling also.



Celebrate

**For all those celebrating this month,
Happy Birthday and Happy Anniversary from PCF!**

Derrick & Colleen Brown celebrate their Wedding Anniversary	Tue 1 st	Jemma Regis	Mon 21 st
Marcus Johnson.....	Wed 2 nd	Ryan Allen.....	Mon 21 st
Victor & Audrey Calender celebrate their Wedding Anniversary	Wed 2 nd	Emmanuel Waldron (Norway).....	Tue 22 nd
Tyrone & Shauna Johnson-Powell celebrate their Wedding Anniversary	Thu 3 rd	Michael & Cassandra Bertrand celebrate their Wedding Anniversary	Tue 22 nd
Amelia Falana	Thu 3 rd	Lindy Treasure	Wed 23 rd
Audrey Martin.....	Sat 5 th	Donna Hughes	Fri 25 th
Joshua Marshall.....	Sun 6 th	Fay Brown.....	Sat 26 th
Keith Treasure.....	Tue 8 th	Franklin Lee	Sun 27 th
Abigail.....	Wed 9 th	Henry.....	Sun 27 th
Jamie & Liya Dobson celebrate their Wedding Anniversary	Thu 10 th	Keith & Grace Simpson celebrate their Wedding Anniversary	Mon 28 th
Rashan Williams	Fri 11 th	Joyce Allen.....	Tue 29 th
Angie	Sat 12 th	Colin Dash (Birthday)	Wed 30 th
Daniel Shodiya.....	Sun 13 th	Colin & Kemi Dash celebrate Their Wedding Anniversary	Wed 30 th
Sheryl Dennis.....	Mon 14 th	Hannah Dash.....	Wed 30 th
Sam Lynch	Wed 16 th	Sister Edwards (in Antigua) Thu 31 st	
Petra Johnson.....	Fri 18 th	Kelvin & Mary Hall celebrate their Wedding Anniversary	Thu 31 st
Vincent & Jolly Williams celebrate their Wedding Anniversary	Sat 19 th		

QUIZ!

Old Testament Bible Quiz

1.) How many books are there in the Old Testament?

- 27
- 39
- 66
- 12

2.) What is the name commonly given to the first five books of the Old Testament?

- Septuagint
- Pseudepigrapha
- Apocrypha
- Pentateuch

3.) Who wrote the first five books of the Old Testament?

- Moses
- Noah
- Abraham
- Adam



4.) In what language was the Old Testament written?

- Latin
- Hebrew
- Assyrian
- Greek

5.) What time period does the Old Testament cover?

- the beginning of man to the time of the Messiah's death
- the building of the temple of Solomon to the time of its destruction
- the time of the Messiah to the time of His death
- the beginning of man to the time of the Messiah

6.) Which of these books is NOT found in the Old Testament?

- Hosea
- Amos
- Joel
- Jude

7.) Which of these books is NOT found in the Old Testament?

- Revelation
- Leviticus
- Numbers
- Deuteronomy

8.) Which of these books is NOT found in the Old Testament?

- Psalms
- 2 Chronicles
- 3 Kings
- 2 Samuel

9.) Which of these women is mentioned in the Old Testament?

- Martha
- Anna
- Elisabeth
- Rachel

10.) Which of these books come first in order in the Old Testament?

- Lamentations
- Ruth
- Exodus
- Ecclesiastes