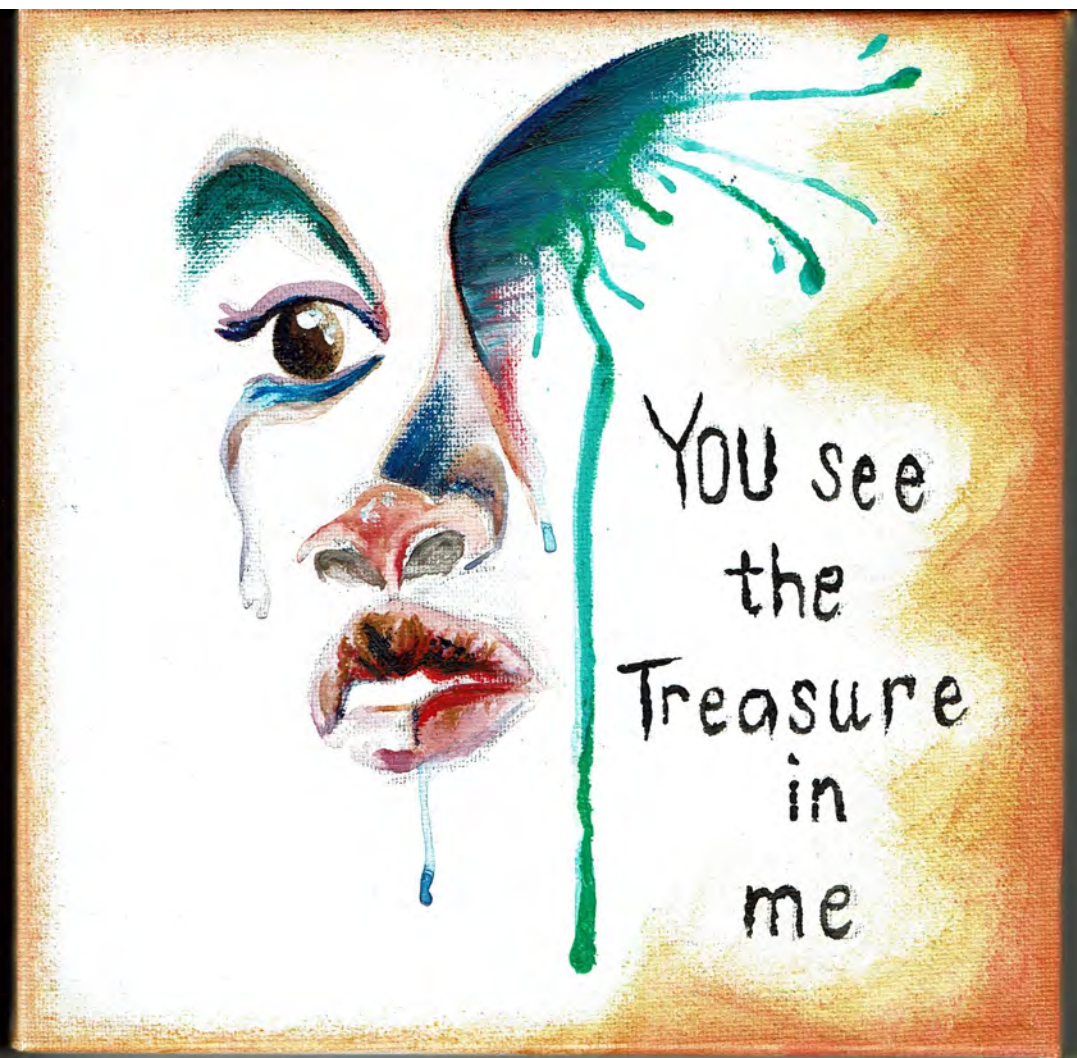




SPRING INTO ACTION

May 2023

“You See the Treasure in Me”
Original canvas painted by Ruth Waldron



The original painting is a duo piece, a painting and poem.

In the summer of 2017 I went through a period of reflecting on my life and recognised my thoughts were not always honourable and some selfish ways. I felt terrible about how I was, but in my repentance I felt that God welcomed me with love even though I was a mess. I really felt God's love and acceptance as I came to Him with my broken pieces. I felt that God saw treasure in me even though I couldn't see it in myself. So I wrote a poem and later was inspired to make a painting to accompany it.

But God showed his great love for us by sending Christ to die for us while we were still sinners. (Romans 5:8)



Treasure God's Word

'I have treasured the words of his mouth more than my daily bread.' Job 23:12

The Spirit of God makes us like the Son of God, through the Word of God! That's why Satan will put 101 roadblocks in your way to keep you from reading the Bible. Paul writes, '[God's]...Word can make you into what he wants you to be and give you everything you could possibly need' (Acts 20:32 MSG).

causes miracles, heals hurts, builds character, transforms circumstances, imparts joy, overcomes adversity, defeats temptation, builds hope, releases power, cleanses minds, brings things into being, and guarantees your future. You can't survive without it. It's as essential to your life as food. That's why Job said, 'I have treasured the words of his mouth more than my daily bread.' God's Word is the spiritual nourishment you need to fulfil your life's purpose.

Underscore that word 'everything'. God's Word is like seed; it's filled with potential. Jesus said, 'The words that I have spoken to you...are life' (John 6:63 NASB). An amazing thing happens when you study the Scriptures. Your mind illuminates, your heart resonates, and the truth comes to life in you. The Bible is more than just a doctrinal guidebook. It creates faith, produces change,

This four-course meal is the Spirit's menu for daily strength and growth. Peter writes, 'Crave pure spiritual milk, so that by it you may grow up' (1 Peter 2:2). So make a commitment to spend time each day reading God's Word.

John writes, 'I pray that you may prosper in all things and be in health, just as your soul prospers' (3 John v.2).

because we base our choices on unreliable authorities, like: Culture – 'Everybody's doing it.' Tradition – 'We've always done it this way.' Reason – 'It seems logical.' Emotion – 'It just feels right.' All these are flawed because they come from within us, not from God. What we need is a perfect standard that will never lead us in the wrong direction, and only God's Word meets that criteria. Solomon wrote, 'Every word of God is flawless' (Proverbs 30:5).

In order to 'prosper', reading God's Word must be one of your first priorities each day. Jesus said, 'If you abide in My word, you are My disciples indeed.' To 'abide' means to reside in a certain place. It makes us think of home, the place where you find joy, acceptance, encouragement, support, protection, purpose, identity, and rest. To 'treasure' God's Word means to accept it as your highest authority, your compass for direction, your counsellor in making decisions, your benchmark for evaluating every relationship and action. In other words, the first and last word in your life. Many of our troubles occur

That means when His Word tells you to do something, you need to do it whether or not it makes sense to you, and whether or not you feel like doing it. You must say like Paul, 'I believe everything that...is written' (Acts 24:14).

PCF Food Bank Appeal for Donations

At PCF we are grateful for all who give produce and finance to enable the PCF Food Bank to continue its support to the community.

We continually need the following:

- Cereal
- Soup
- Tinned Tuna

Of course, anything you can contribute is appreciated. Thank you as your help is enabling us to continue this valuable work in your community.

Thank you



PCF Cleaning Team need volunteers



You will be working alongside 2 to 3 other persons and will join the rota to clean Springfield Hall once a month, to a set pattern. Cleaning takes place on Saturdays between 10:30am and 12:00 noon.

This is a valuable ministry team, more so during this season, but we are in need of volunteers. If you are interested, please contact Dexter or Debi for further information. You can leave your contact details with the main office (020 8801 1873) or email cleaning.team@tpcf.org.uk. We look forward to hearing from you.

People's Christian Fellowship Proposed Tour to the Holy Land 2024

A tailor-made seven-day guided tour is being planned, based on 1 Kings 8: 12-53. The trip will include guided tours to many of the major Biblical sites including where Jesus walked. At this stage, we are seeking expressions of interest. Depending on the level of interest in this tour, the Events Team will explore further and provide details.

Are you interested in going on a life-changing trip to the Holy Land? [Click here](#) to email your expression of interest to the Events team (events@tpcf.org.uk). Let them know how many people are interested in travelling also.



Stay connected with prayer at PCF

Join via Zoom us each week:

Tuesday
7:00 pm to 8:00 pm

Wednesday
1:00 pm to 3:00 pm
and
7:00 pm to 8:30 pm

Saturday morning
7:00 to 8:00 am

Email connect@tpcf.org.uk to request the link to join by Zoom

Have you registered with RightNow Media?

www.rightnowmedia.org/CustomLibrary/31042

If you have not yet registered with Right Now Media, you can do so for free using PCF's access. Scan this QR Code on your mobile device:



Celebrate

**For all those celebrating this month,
Happy Birthday and Happy Anniversary from PCF!**

R'aya Bennett.....	Sun 7 th	Karen Henry.....	Sun 14 th
Melika Brown-Minott.....	Mon 8 th	Daniel & Makeda Alleyne celebrate their Wedding	
Erin Dash.....	Mon 8 th	Anniversary	Tue 16 th
Juliet Rowe	Tue 9 th ,	Sister Henry	Wed 17 th
Seymour McCalla.....	Tue 9 th	Sister Wood.....	Sun 21 st
Chante Jimmie-Finegan.....	Tue 9 th	Sister Veda.....	Wed 24 th
Taiwo Ibrahim.....	Wed 10 th	Tunji & Naomi Falana celebrate their Wedding Anniversary	Fri 26 th
Kehinde Awoyemi.....	Wed 10 th	Gloria Meade	Sat 27 th
Tula Lynch.....	Thu 11 th ,	John Stephenson.....	Sat 27 th
Mary Thomas	Thu 11 th	Anaiah-Rae Daniel.....	Mon 29 th
Simon.....	Thu 11 th		
Cos Roberts.....	Sat 13 th		

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong. 2 Corinthians 12:9-10 ESV

QUIZ!

Old Testament Bible Quiz

1.) How many books are there in the Old Testament?

- 27
- 39
- 66
- 12

2.) What is the name commonly given to the first five books of the Old Testament?

- Septuagint
- Pseudepigrapha
- Apocrypha
- Pentateuch

3.) Who wrote the first five books of the Old Testament?

- Moses
- Noah
- Abraham
- Adam

4.) In what language was the Old Testament written?

- Latin
- Hebrew
- Assyrian
- Greek

5.) What time period does the Old Testament cover?

- the beginning of man to the time of the Messiah's death
- the building of the temple of Solomon to the time of its destruction
- the time of the Messiah to the time of His death
- the beginning of man to the time of the Messiah

6.) Which of these books is NOT found in the Old Testament?

- Hosea
- Amos
- Joel
- Jude

7.) Which of these books is NOT found in the Old Testament?

- Revelation
- Leviticus
- Numbers
- Deuteronomy

8.) Which of these books is NOT found in the Old Testament?

- Psalms
- 2 Chronicles
- 3 Kings
- 2 Samuel

9.) Which of these women is mentioned in the Old Testament?

- Martha
- Anna
- Elisabeth
- Rachel

10.) Which of these books come first in order in the Old Testament?

- Lamentations
- Ruth
- Exodus
- Ecclesiastes

