

Due to the COVID-19 pandemic Sunday service continues to take place at 10:30am, online via the [PCF website](http://www.pcf.org.uk), RightNow Media, and [YouTube](https://www.youtube.com)

www.rightnowmedia.org/CustomLibrary/31042

If you have not yet registered with Right Now Media, you can do so for free using PCF's access. Scan this QR Code on your mobile device:



Or click [here to register](#) with Right Now Media.

Prayer meetings are taking place online via Zoom on Tuesdays at 7.00pm and Wednesdays at 7.00pm. If you need information on how to join the meeting please email connect@tpcf.org.uk

Let us pray for the many who have lost loved ones; those who are experiencing suffering as a result of the COVID-19, those caring for individuals, keyworkers, and those working on the front line.

Please pray for the grace, mercy, and favour of God in this season.

If you have a prayer request, please e-mail connect@tpcf.org.uk

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July 2021

(This edition will cover the month of July)



ADMIT, QUIT, AND FORGET

“forgetting those things which are behind, and reaching forth unto those things which are before.” Philippians 3:13

To 'forget it' does not mean losing awareness of an event. It means releasing the pain from the memory like you would remove the poison from a snakebite. Allow all those unsettled and unsettling issues that keep holding you in the night and affecting you in the light to be broken by the power of God!

If you are the injured

party, forgive those who hurt you. If you did the hurting, forgive yourself; for God does. Allow His transforming power to heal your troubled emotions and cut the cord between you and your past. Then do what Paul did, 'Reaching forth unto those things which are before.' God has a wonderful future for you, but you can't reach for it until you disconnect from the past.

Be like Jesus who dropped His head and said, 'It is finished' (John 19:30). It's time for that kind of benediction to be said in your life. If you're finished with where you are and you're ready for where God wants you to go, then kiss the past goodnight. Its grasp is broken.

So rise up and go forward!

Be still
and know
that I am
God
-PSALM 46:10



Convention 2021: 'Let the Church be the Church'

The Events Team are currently planning PCF's 2021 Annual **Convention which will take place from Friday 29th to Sunday 31st October**. The theme is 'Let the Church be the Church' based on Matthew 5: 13-16.

The convention venue will be Springfield Hall and live streaming platforms.

Further information will be available closer to the date, including registering your attendance for both online and Springfield Hall. You are encouraged to join this year's convention to glorify the Lord and praise His Holy name. Already, we are excited as we await God's presence, His marvellous works and we join in corporate praise and worship plus the Anointed Word brought to us by a number of Ministers.

The Best Start to Your Day

You can change the course of a day offended. Actually we are commanded to forgive those who hurt us, not letting things fester. Especially when you sense any attitude or behaviour in yourself that's not Christ-like.

Jesus said, "without Me you can do nothing" (John 15:5) and Paul said "I can do all things through Christ who strengthens me" (Philippians 4:13). Negative feelings are like unwelcome house guests, the worst thing you can do is to invite them in. You may not be able to override them in your own strength, but if you seek God's help He will enable you to walk according to His ways, not by your negative emotions and perspective.

You may say 'but what if someone offends me?' The Bible tells us not to be oversensitive or easily

offended. Actually we are commanded to forgive those who hurt us, not letting things fester. Sometimes we want to forgive and do what's right, but we find doing that can be difficult. More often than not, the right thing is the hard thing to do, not the easy thing. That's when you need to pray and allow God to talk to you through His Word. Only then will you find the strength to do the right thing. Every morning you need to clothe yourself with God's Word that says to win, 'be strong in the Lord; Put on the whole armour of God, having girded your waist with truth put on the breastplate of righteousness, having shod your feet with the gospel of peace, taking the shield of faith, take the helmet of salvation, the sword of the Spirit, praying always in the Spirit. (Ephesians 6:10-20).

Do you have some encouragement you would like to share with SIA's readers? Please e-mail it to SIA@tpcf.org.uk



CELEBRATE! Celebrating Birthdays and Wedding Anniversaries in July

Stella Onwuemene Thu 1st
 Karen Martin Fri 2nd
 Daphne Daniel Sat 3rd
 Maël Ekpitini Sat 3rd
 Vincent Brown Mon 5th
 Jonathan Grant Mon 5th
 Patricia Woodruff Mon 5th

***Patrick & Lynn Myers celebrate
their Wedding Anniversary on 6th
July***

Brianna Lynch Sun 11th
 Sapphire Stephenson Mon 12th
 Naomi Lee Tue 13th
 Kelvin Hall Tue 13th
 Yvonne Edwards Thu 15th
 Malachi McKoy Fri 16th

***Reggie & Audrey Martin celebrate
their Wedding Anniversary on 19th
July***

Arthur Cyrus Mon 19th

***Simon & Patricia Woodruffe
celebrate their Wedding Anniversary
on 21st July***

Jeanne Ekpitini Fri 23rd
 Camille Mansa Mon 26th
 Sofia-Marie Holborough Mon 26th
 Keira Ogbechie Fri 30th

ENCOURAGEMENT AS YOU CELEBRATE

***"But I will sing of your strength, in
the morning I will sing of your
love; for you are my fortress, my
refuge in times of trouble."***

Psalms 59:16

***"Teach me to do your will, for you
are my God; may your good Spirit
lead me on level ground."***

Psalms 143:10

***"The Lord is my shepherd, I lack
nothing. He makes me lie down
in green pastures, he leads me
beside quiet waters, he refreshes
my soul. He guides me along the
right paths for his name's sake."***

Psalms 23: 1-3

*We want to celebrate
with you and your family.*

*Whether you are a
member or regularly
attend PCF, let's
celebrate together. E-
mail your dates to
SIA@tpcf.org.uk and we
will get them printed in
SIA.*

*Do you have some
encouragement you
would like to share with
SIA's readers? Please e-
mail it to SIA@tpcf.org.uk*

*Be still
and know
that I am
God*
-PSALM 46:10



ANSWERS:
1) Bethlehem; 2) 30; 3) Michal ; 4) Absalom;
5) Nabal; 6) Saul; 7) Nathan; 8) death of firstborn ;
9) Amasa; 10) darts thrust in heart; 11) Mephibosheth;
12) 40

Bible in a Year has taken us through the life of King David, so how much can you recall? This may really test your memory!

- 1.) Where was David anointed as king of Israel?
 - Bethel
 - Bethlehem
 - Jerusalem
 - Ramah
- 2.) How old was David when he first began to reign over Judah?
 - 25
 - 30
 - 35
 - 40
- 3.) Who was David's first wife?
 - Merab
 - Delilah
 - Bathsheba
 - Michal
- 4.) Which of David's sons tried to overthrow and kill him?
 - Solomon
 - Adrendam
 - Absalom
 - Abimelech
- 5.) Who refused to assist David and his men, and died as a result?
 - Eleazar
 - Nabal
 - Saul
 - Abimelech
- 6.) Which former King of Israel tried to kill David out of envy?
 - Joash
 - Solomon
 - Ahab
 - Saul
- 7.) Who was the Prophet that confronted David with his adultery?
 - Samuel
 - Nathan
 - Elisha
 - Elijah
- 8.) What was the cost of David's sin with Bathsheba?
 - A lamb sacrifice
 - They could never marry
 - Their first born would die
 - Repent in sackcloth and ashes
- 9.) After Absalom rebelled against King David, who did Absalom appoint as commander over his army in Joab's place?
 - Abiathar
 - Abner
 - Amasa
 - Abishai
- 10.) How did David's son Absalom die?
 - Caught in a tree by his hair
 - His head was cut off by a Philistine
 - Killed by his own captain
 - Three darts thrust into his heart
- 11.) Who was crippled son of Jonathan who was given a permanent place at King David's royal table?
 - Maacah
 - Hephzibah
 - Mephibosheth
 - Abishai
- 12.) How many years did David rule as king of Israel?
 - 10
 - 30
 - 40